

Residents at Cedar Lake Health and Rehabilitation Center enjoy an eventful summer!



Joan Gruenewald is pleased with her catch.



Resident Harold Schmidt and volunteer Allen Bales travel for a day of fishing.

Residents enjoy the petting zoo where they were able to feed and hold several of the animals.



Martha Wille gets up close with a new furry friend.



Lois Buckman, Countryside, watches as Jess Surfus, activities, feeds the goat.

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the cedar citizen

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Celebrating over 58 years of superior service. The Cedar Citizen is also available online or by mail. News tips are welcome. Deadline for submissions is the 10th of every preceding month. Electronic files are appreciated. Printing services provided by Graphic Edge.

Check us out!



Our mission:

Cedar Community is a faith-based organization dedicated to creating relationships, services and environments that enhance the lives of individuals we serve.

Thank you!

Hats off to Lois Dummann, retiring Heritage House curator, for more than 11 years of bringing history to life for Cedar Community residents, friends and visitors! Lois was assistant curator for four years before spearheading many outreach programs and acquisitions during her tenure. Thank you, Lois!



Lois brought life and spirit to the many programs held annually at Heritage House.



Welcome new foundation board members

The Cedar Community Foundation Board of Directors has approved three new members. Andrew Gonring is a Wisconsin Circuit Court Judge for Washington County, Jeff Reigle is president of Regal Ware and Joe Carlson is president of Lakeside Manufacturing.



Joe Carlson



Andrew Gonring



Jeff Reigle

Welcome CSSC leaders



Steve Jaberg
Chief Executive Officer

As you know, Cedar Community is affiliated with the United Church of Christ (UCC). You may also know the UCC is linked

throughout the United States with a wide variety of orphanages/youth homes, facilities for the disabled, clinics, hospitals and senior care retirement organizations. The UCC is connected with 70 large senior care organizations, which of course includes Cedar Community!

The UCC is headquartered in Cleveland, Ohio. A division of the UCC which represents all of its 'health' related institutions is called the Council of Health and Human Service Ministries or CHHSM.

Annually the UCC sponsors a meeting which invites representatives of all UCC-CHHSM organizations to meet and discuss the strengths and challenges facing its' organizations and how they are meeting their mission to serve others. The annual meeting this year was held in Kansas City and one of the keynote speakers was Rev. Fred Trost who resides in a Village home with wife Louise at our Cedar Landing in Elkhart Lake campus.

The president of CHHSM is Rev. Bryan Sickbert. I asked Bryan to visit Cedar Community about two years ago and to speak to our board of directors. Later,

I had a chance to discuss with him some thoughts I had about gathering the leaders of several of the larger CHHSM organizations to investigate ways we might share our skills, solutions, efficiencies and resources. He had a similar conversation with the head of a CHHSM organization in Seattle, Wash. named Bob Anderson of Horizon House. I contacted Bob and together we imagined starting a subgroup of CHHSM with the heads of eight of the larger senior care organizations.

Shortly after those conversations, Bob and I, with Bryan's help, convened a group called CHHSM Senior Care Collaborative or 'CSSC.' Organizations represented include Cedar Community; Horizon House in Seattle, Wash.; Beatitude Campus in Phoenix, Ariz.; Havenwood Heritage Heights in Concord, N.H.; United Church Homes in Marion, Ohio; Phoebe Ministries in Wernersville, Pa.; United Church Homes and Services in Thomasville, N.C. and Evangelical Homes and Services in Detroit, Mich.

We meet four times a year in a convenient location, usually in Chicago. We have been meeting since January of 2010 and decided once each year the group should meet at one member's location to tour the organization and learn first-hand about its features, amenities and services. Naturally, I offered that Cedar Community should be the first place visited by CSSC leaders!

As you read this article, please note the first visit did take place at Cedar Community on August 29 and 30! CSSC leaders stayed overnight at Cedar Valley! My next Cedar Community article in October will be a summary of that visit and an announcement of a new and exciting joint program that will benefit many Cedar Community residents!

Community news

- Cedar Community has a 'Green Team!' The team members include residents, staff, administration and a board member. The three areas of focus include: 1.) Ways the organization can operate to enhance and protect the environment; 2.) Ways our residents can function to be more environmentally responsive and, 3.) The team will provide educational materials and classes to inform others of ways to 'green' up! More information about Cedar Community's Green Team is forthcoming!
- Have you made your annual donation to Cedar Community Foundation's *Partners In Caring*® (PIC) campaign for 2011? Donations can be sent to Cedar Community Foundation, Attn: Amy Johnson, 113 Cedar Ridge Drive, West Bend, WI 53095 or call for more information, 262.338.2819.

Steve JABERG
Chief Executive Officer

Directory of business services

Love At First Sight

Eye exams, frames, lenses and contacts.
Open Tuesdays. Call 262.334.1680,
ext. 4140.

Aurora Medical Group

Open Tuesdays and Thursdays
1 - 5 p.m. for patients over 16.
Call 262.338.5300 for an appointment.

Blossoms

Fine gifts, edibles and potions.
Call 262.334.1680, ext. 4128.

Brighten Up!

Onsite dentist. Call for an appointment
at 262.334.1680, ext. 4144.

Cedar Pathfinders

Professional expertise to help you
navigate aging services. Call
262.306.2691.

Cedar Crossings Subacute Unit

Ask about our five-day recuperative
program. Call 262.306.4240.

Cedar Valley Center and Spa

100 acres of care-free hospitality.
Call 262.629.9202.

Family Hearing Care

Call 262.338.3553 for an appointment.

La Daisy 'Do

Full-service beauty salon and salon
products. Call 262.306.4281.

Respite Care

Apartments available at Cedar Bay
for short stays. Call Maggie Schwartz,
262.306.4299.

Top of the Ridge Catering

Party trays and hors d'oeuvres
available. Call 262.338.2812 for details.

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Offering competitive pricing, personalized
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Free delivery to the Ridge and Village.



Quality care for Cedar Community
residents and persons of all ages in
adjoining counties. Call 262.306.2691
or visit our website cedarathome.org.

Cedar Closet at Cedar Lake Health and Rehabilitation Center

Hours: Monday, Wednesday and Thursday
9:30 – 11:30 a.m. and 2 – 4 p.m.

Call 262.306.2100, ext. 4119

Treasures for all ages! The closet store features apparel and accessories for
purchase by residents, staff and visitors. Come browse or even donate
your gently used items for others to enjoy! The store is located on the first
floor of the health and rehabilitation center.

Calendar of worship

Ecumenical

- CLHRC Tuesdays, 10:30 a.m.
(Celebration Room)
- Cedar Ridge Tuesdays, 1:30 p.m.
(Grand Hall)
- CBW Tuesdays, 3:30 p.m.
(Chapel)
- CBE Thursdays, 10 a.m.
(Activity Room)

Catholic Mass

- CLHRC/CBE 1st, 3rd and 4th Wed.
10:30 a.m.
(Celebration Room)
- CBW Mondays, 3:30 p.m.
(Chapel)
- Cedar Ridge 1st and 3rd Thurs.
10 a.m.
(Grand Hall)

Catholic Rosary

- CLHRC/CBE 2nd and 4th Mon.
7:15 p.m.
(Celebration Room)
- CBE 3rd Tues., 11 a.m.
(Meditation Room)

Rosary, Communion and Scripture

- Cedar Ridge 2nd Wed., 10:15 a.m.
(Grand Hall)

Episcopal

- Cedar Ridge 2nd Mon., 10 a.m.
(first floor so. conf. rm.)

Lutheran

- CLHRC 2nd Wed., 10:15 a.m.
(Celebration Room)
- CBW 2nd Wed., 9 a.m.
(Chapel)
- CBE 2nd Wed., 10:15 a.m.
(Celebration Room)

a moment to meditate

"May you never doubt the gifts you bring; rather, learn from these frontiers wisdom for your own heart."

This saying by John O'Donohue reminds me of the countless gifts our staff and volunteers bring to our residents at Cedar Community. I pray all of you feel the countless blessings you receive and the wisdom you gain from your efforts.

In Grace,
Rev. Susan KOLB



Stephen Ministry changes lives ...

Stephen Ministry provides training to volunteers to offer one-on-one Christian caring visits to Cedar Community residents in times of crisis. The next orientation and information session will be held in October. If you are interested in the Stephen Ministry program, please contact Chaplain David Stone at 262.306.4202 or email dstone@cedarcommunity.org.

An interview with recently commissioned Stephen Minister, Sandi Radeztsky:

How long have you been involved with ministry programs at Cedar Community? How did you find out about the ministry programs?

I have been involved in Stephen Ministry since January of 2011, which is when the training started.

I have, however, been a hospice volunteer at Cedar Community for several years. I have been encouraged for the last few years by Rev. Susan Kolb and Gayle Van Ess to become a Stephen Minister through Peace United Church of Christ in Kewaskum.



How did you feel going through the training and, now, as a Stephen Minister, taking on the responsibility of a care receiver at Cedar Community?

My first thoughts were I certainly did not feel qualified to counsel anyone else through tough times. They assured me that the training was extensive and not to worry! During the next two years I encountered two things that gave me the courage to proceed with the Stephen Ministry challenge. First, I participated in the "Sharing Your Gifts" eight-week seminar at church which not only bolstered my faith but my self confidence as well. Also in the last two years I have risen to the challenge of assisting my aged and ill aunt and uncle through the very toughest challenges of

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As a geriatric care manager, Kate Sullivan is often asked questions about how adult children should assess their parents' ability to remain safe in their home. Here is a recent question.

Dear Kate,

I read your letter from Diane and found her concerns for her mother similar to mine. I had the heart-to-heart talk you suggested with my mother and together we are looking for a new home for her. There are so many different types of living arrangements for older adults. How do we find the best option?

Sincerely,
Susan

Dear Susan,

First off, I would like to commend you for involving your mother in this type of move. Having her participate in the decision should make the move more positive.

There are many residential choices available to seniors today, and each varies greatly in terms of amenities, services and cost. If you don't know what you are looking for, it can be difficult to recognize the right setting when you see it. Consider why you are thinking about the move. As we get older, our care needs change. It may be beneficial to create a list of care your mother needs now and might require in the future. Which activities of daily living (called ADLs) like eating, bathing and toileting can your mother perform independently? What is important to her – apartment size, features, building amenities? Or is it the range of services and the staff expertise?

Assisted living is a type of residential care. One form is a Residential Care Apartment Complex, RCAC, which provide meals, housekeeping, transportation and social activities. An RCAC might also include health monitoring, assistance with medications, help with self-care – dressing, bathing, using a bathroom or even transferring in and out of bed and chairs. An RCAC may also benefit a loved one with early memory loss.

Community Based Residential Facilities, CBRF, are a specialized type of assisted living that provide a higher level of care than an RCAC. The elderly or persons with a physical or developmental disability often live in a CBRF, including those with dementia. CBRF staff is specially trained, the environment is calm and the space is safe for people who may wander. Personal guidance and encouragement from staff help individuals remain as independent as possible. CBRF residents also benefit from meals, housekeeping and social activities. They also receive health monitoring, assistance with medications and help with bathing, dressing, using the bathroom or transferring.

A skilled nursing facility provides both short- and long-term rehabilitation after injury, illness or surgery. Long-term nursing home placement frequently occurs due to an unanticipated physical setback or medical crisis. A nursing home resident requires around-the-clock care due to a physical or cognitive condition.

RCAC, CBRF or skilled facility staff will commonly assess your parent to ensure they are able to adequately meet his or her needs. It is also important for you to ask questions about the type of care you would like your parent to receive as well.

Remember, Cedar geriatric care managers can also help you find what would best suit your mother's needs. At Cedar, we consider ourselves "partners" with seniors and their families, dedicated to helping manage the many needs associated with aging and health care. This includes helping make the right decisions about living environments for your unique situation.

Sincerely,
Kate

If you have an "Ask Kate" question for Kate Sullivan, geriatric care manager, send your letter to ksullivan@cedarcommunity.org or mail it to Cedar Pathfinders, Kate Sullivan, 5505 County Road Z, West Bend, WI 53095.

Friendship House residents remember living at Cedar Ridge

As Cedar Ridge celebrated 25 years, Friendship House residents remember many happy years at the Ridge. Linda “Lynn” Voeks moved from her home in Waubeka to her “brand new” apartment at Cedar Ridge in 1988. Lynn says, “It was lovely! It was beautiful!” Living at the Ridge made it convenient for her to visit her sister at the original Friendship House (now Cedar Bay West). She loved the pool and the whirlpool. Dinner at the Top of the Ridge was always a pleasure. Lynn was always ready to go on a trip with other Ridgers. She volunteered as a Ridge receptionist and joined the “Welcome Friends” group, helping new residents get acquainted. Lynn was known as “the chocolate person,” ready to give anyone a Hershey bar or a Hershey Kiss anywhere at anytime.



*Dolores Dhein and
Linda “Lynn” Voeks*

Like Lynn, Mary Coppersmith lived at Cedar Ridge for 20 years and has pleasant memories. Most of all she loved her independence. While she enjoyed her hobbies and most of all making rosaries, each week she prepared the altar for Mass at Cedar Ridge and continued to be active in her parish, St. Frances Cabrini, attending daily Mass and bringing Communion to the residents at Samaritan Health Center, Cedar Lake Health and Rehabilitation Center and Friendship House.



*(left to right) top:
Erna Zarling and
Shirley Moulthrop
bottom: Lorraine
Degner, Katherine
“Katie” Zauner
and Mary Coppersmith*

SEPTEMBER ACTIVITIES

- | | |
|-----------------|--|
| 7 WED | 10 a.m., Pontoon boat ride |
| 8 THURS | 9:30 a.m., Shalom Wildlife Sanctuary and picnic lunch |
| 9 FRI | 3:15 p.m., Happy Hour |
| 10 SAT | Happy Birthday to Linda Voeks |
| 14 WED | 10 a.m., Pontoon boat ride |
| 15 THURS | 10 a.m., Sing-a-long with Walt
Happy Birthday to Mary Coppersmith |
| 19 MON | 3 p.m., Music Listening |
| 21 WED | 10 a.m., Pontoon boat ride |
| 22 THURS | 1:45 p.m., Visit from Morning Star 2 nd Graders |
| 23 FRI | 11:30 p.m., Lunch outing at Cedar Valley
3:15 p.m., Happy Hour |
| 29 THURS | 10 a.m., Scenic drive |
| 30 FRI | Noon, Cookout |

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SEPTEMBER ACTIVITIES

- 1 THURS** 1 p.m., Boat ride, Forestview *
- 6 TUES** 1 p.m., Boat ride, Timber Cove *
- 8 THURS** All day, Fisheree, See household schedule for your scheduled time
- 10 SAT** 10:30 a.m., Jason Peterson piano program, Cedar Theatre
- 12 MON** 7:15 p.m., Catholic Rosary, Celebration Room
7:15 p.m., River City Irregular concert, Cedar Theatre
- 13 TUES** 2 p.m., Boat ride, Countryside *
- 14 WED** 6:30 p.m., Campfire, Forestview and Crossings on Paradise, H Carport
6:30 p.m., Campfire, Timber Cove, Sunshine Courtyard
- 15 THURS** 10:30 a.m., Rosary, Timber Cove
Noon, Lunch outing, Countryside *
1 p.m., Boat ride, Silverbrook *
2 p.m., Music with Walt, Sunrise
3 p.m., Music with Walt, Sunrise
- 19 MON** 3:30 p.m., Music Listening, Celebration Room
- 20 TUES** 10:30 a.m., Picnic with YMCA kids, Timber Cove, Sunshine Courtyard
2 p.m., Veteran's Social, Countryside
- 21 WED** Noon, Cookout, Crossings on Paradise, H Carport
- 22 THURS** 3:30 p.m., Happy Hour with Walt, Countryside
- 26 MON** 7:15 p.m., Catholic Rosary, Celebration Room
- 27 TUES** 10 a.m., Hartford Car Museum outing, Timber Cove *
- 30 FRI** 3:15 p.m., Happy Hour, Silverbrook

* sign up only

"Even if you've been fishing for three hours and haven't gotten anything except poison ivy and sunburn, you're still better off than the worm."

Author Unknown






The residents at Cedar Lake Health and Rehabilitation Center are hoping to catch the biggest fish at the end of their line on Thursday, Sept. 8 at the annual Fisheree. Each year, the residents get the opportunity to fish for "the big one" out of a huge fish tank. The tank is filled with perch and blue gills of various sizes. Once they catch a fish, the fish is filleted and fried for them to eat. With the cooperation of many volunteers and staff, each resident gets to enjoy this special event with smiling, laughter and a "boat load" of fish stories. The residents are eager to try their luck at fishing and hoping people will come and volunteer to assist them at the upcoming Fisheree. Come and join us and good fishing to all!

"Nothing makes a fish bigger than almost being caught."

Author Unknown

Helen GEIGER
Activities

-  CBW activities
 CBE activities
 CBE and CBW activities

SEPTEMBER

- 7 WED** **Music opportunities**
2:30 p.m., Birthday & anniversary party with music by Nice & Easy Duo
- 10 SAT** 10:30 a.m., Classical piano music by Jason Peterson, Cedar Theatre
- 12 MON** 2 p.m., Celebrating Assisted Living Week with a musical program by Tim Burr
3:30 p.m., Tim Burr's musical program
- 14 WED** 2 p.m., Birthday Party with music by Nice & Easy Duo
- 24 SAT** 2 p.m., Sing-a-long with Sandy
- 28 WED** 2 p.m., Enjoy a special musical program by the Déjà vu Silly Sisters in their "Sister Act"
- THURS** 3:30 p.m., Cedar Bay Choir, Back Bay Lounge. *Check your weekly calendar.*
- TUES** 10 a.m., Chimes rehearsal, Activity Room
- 15 THURS** **Nail polishing**
8 – 11 a.m., Coffee Shop
- 16 FRI** 8 – 11 a.m., Ladies Lounge
- 19 MON** **Shopping trips**
9:15 a.m., Pick 'n Save
- Games**
Every Monday morning residents at East gather to play Yahtzee. Joining the 300 points club this month are:
Jerry Hausmann – 384
Dolores Werner – 316
Lucille Geidel – 300
Marcella Vass – 517 (3 Yahtzees)
Lillian Pfeiffer – 367 & 317
- 7 WED** **Pontoon boat rides**
1:30 – 3:30 p.m.
- 14 WED** 1:30 – 3:30 p.m.
- TUES** **Golf cart rides**
2 p.m. and some Wednesday afternoons. Please sign up for the ride on the bulletin board.
- MON & WED** Please check you calendar. Sign up is not necessary, first come, first serve.
- 21 WED** **Bug rides**
1:30 & 3 p.m.
- 28 WED** 2 p.m.
- EVERY MON** **Religious opportunities**
3:30 p.m., Mass, Chapel
- EVERY TUES** 3:30 p.m., Chapel with Chaplain David, Chapel
- EVERY WED** Bible Study with Chaplain David, Country Kitchen
- EVERY THURS** 10 a.m., Chapel with Rev. Susan, Activity Room
- EVERY FRI** 9 a.m., Catholic communion, Meditation Room. Sunday Rosary, Activity Room
- 12 MON** 1:30 p.m., Episcopal Service, back of Chapel
- 7 WED** 1:30 p.m., Rosary, Chapel
- 11 SUN** 3 p.m., Baptist Church Service, Community Room

Special events

September 11 - 17 is National Assisted Living Week. Each day will have a different color theme and we encourage residents and staff to dress in that color. Kicking off the week on Sunday will be green and gold day in honor of the first Green Bay Packers game. Our theme is "Forever Proud." Residents are asked to share photos, certificates, stories, etc. of what they are proud of. These will be displayed on the wall outside the dining room. Other events will occur during the week. We hope you will join us in this celebration.

Enjoy live music

Featured this month for music at the Top of the Ridge Restaurant Saturdays from 5 to 6 p.m.:

- 3 SEPT.** Jeanne Wood
Piano selections
- 10 SEPT.** Vera Kuckuk
Piano selections
- 17 SEPT.** Dorothy Arndt
Marimba selections
- 24 SEPT.** *The Elderberries*, Women's Vocal Trio: Pat Barnhouse, Marjorie Beyer, Betty Felt
Accompanist: Julia Stettler
Songs from the '30s, '40s and '50s

Thank you for volunteering! Please call or email Sherry McElhatton at 262.306.4554 or smcelhatton@cedarcommunity.org with any questions. Musicians: If you need to cancel the day of your scheduled evening, please contact the Top of the Ridge directly at 262.338.2812.

Men's Breakfast

Our speaker this month is John Buck, a lieutenant at the sheriff's department. He is frequently mentioned in the paper due to his work as an accident investigator. John previously spoke at our breakfast in May about his trip to India. Sign up at the Village or Ridge bulletin boards by noon on Thursday, Sept. 15. Any questions, call Frank Turpin, 262.306.8628 or John Swanson, 262.306.3808.

Date: Friday, Sept. 16

Time: 8:30 a.m.

Location: Top of the Ridge Restaurant

Cost: \$4 per person, payable that morning

Cleopatra at the Milwaukee Public Museum

The Milwaukee Public Museum is hosting an exhibit on Egypt's legendary queen, Cleopatra. It features nearly 150 artifacts, including statuary, jewelry, daily items, coins and religious tokens from Cleopatra's time. The exhibit combines rare artifacts with photos and underwater video footage on modern-day expeditions that are attempting to solve mysteries that still surround the rule of the queen who lived from 69 B.C. to 30 B.C. Artifacts include two 16-foot-tall, 5-ton stone statues of a pharaoh and his queen that once flanked the entrance to an ancient temple. An original papyrus document in the show is thought to have been handwritten by Cleopatra.

Date: Friday, Oct. 21

Time: TBD

Cost: \$23.50 (60 and older) plus \$20 for the cost of transportation

If interested, sign up at the Cedar Ridge bulletin board or call Paula Hader at 262.338.2814 as soon as possible. We need 20 interested people in order to make the trip!

World Alzheimer Day

Alzheimer's is the most common form of dementia. Alzheimer's disease accounts for 50 to 80 percent of dementia cases. During the month of September, The Alzheimer's Association is observing the inaugural World Alzheimer's Month. On September 21, the Association is asking people to wear purple and to take action in the fight of Alzheimer's. Residents and staff are encouraged to wear purple and take a walk with us. The Market Café will be offering a special breakfast and lunch with foods that are healthy for all! You can also pick up some fun activity sheets that will be sure to stimulate your brain!

Date: Wednesday, Sept. 21

Breakfast

Time: 7:30 to 10:30 a.m.

Location: Market Café: Bran muffin, yogurt parfaits, juice and coffee

Cost: \$4.50

Walk

Time: 11:30 a.m.

Location: Cedar Ridge lobby

Cost: Free

Lunch

Time: 11 a.m. to 1 p.m.

Location: Market Café: Low-calorie California turkey wrap with fruit

Cost: \$5

Zumba Gold is back!

Call Kathy Stultz, RN for more information, 262.338.2821.

Events brought to you by SAE

Village Coffee Hour

Hosted by the Village SAE Committee and open to all Village residents. Non-perishable items are collected for the food pantry at each Coffee Hour.

Date: Friday, Sept. 9

Time: 9 a.m.

Location: Learning Center

Shalom Wildlife Sanctuary

Experience nature at its best with the “Buffalo Times” 1.5-hour guided wagon ride. (Benches are wooden, so you might want to bring a cushion.) Travel back in time when buffalo and native people lived on these lands and see elk, bison, whitetail deer, Dall sheep and other native animals. The sign-up list will be posted at the Village bulletin board on September 6. We will carpool for this event. Please indicate if you are willing to drive and how many passengers fit in your vehicle.

Date: Thursday, Sept. 15

Time: 1:30 p.m.

Cost: \$8

Contact: Mary Miller, Kettle Heights, Village SAE, 262.243.5960



Ridgers and Villagers board the Betty Lou for a luncheon cruise Thursday, July 21 at Lake Mendota in Madison.

Annual Village resident dinner and Resident Council meeting

Date: Thursday, Sept. 29

Time: 5:30 p.m.

Location: Top of the Ridge Restaurant

Cost: Free to all Village residents.

“Jesus Christ Superstar”

Presented by Spotlight Productions

Enjoy this Broadway musical with music composed by Andrew Lloyd Webber and lyrics by Tim Rice. Doors will open for seating 45 minutes prior to each performance. Seating is on a first come, first served basis. No reserved seating.

Date: Friday, Oct. 21 and 28

Time: 8 p.m.

Date: Saturday, Oct. 22 and 29

Time: 8 p.m.

Date: Sunday, Oct. 23 and 30

Time: 2 p.m.

Location: Cedar Theatre

Cost: \$12 in advance

Contact: Nan Myers (Village) at 262.334.0721 or Ruth Ramel (Cedar Ridge) at 262.335.8002 or the Spotlight information/reservation line at 262.306.9338.

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specials

Monday through Saturday 8 a.m. – 2 p.m. Sunday closed

Market Café weekly panini specials – \$4

August 29 – September 3: Deli super hero panini

September 6 – 10: Roast beef wrap

September 12 – 17: Chicken apple panini

September 19 – 24: Ham it up panini

September 26 – October 1: Sierra turkey panini

Or come try some of our other great panini sandwiches!

Mondays

½ sandwich & soup or small garden salad for \$4!

Wednesday, Sept. 21

Health is Wealth Day

Breakfast: Bran muffin, yogurt parfait, juice, coffee for \$4.50

Lunch: Low calorie California turkey wrap with fruit for \$5

September 12 – 17

Butter Pecan sundaes for \$2.50!

Pizza specials

Come buy a delicious personal pan Red Baron pizza for just \$3.50!

Are you watching your diet? Come to the Café and try one of our hot soups or freshly made salads.

Breakfast specials

Come try a hot bowl of oatmeal with toppings for \$2 or a breakfast sandwich for \$3.75 (+tax)! All day, everyday!

Dessert specials

We are now serving soft serve ice cream sundaes for \$2.50 and shakes for only \$2! We also have ice cream cones and dishes for \$1 or with topping for \$1.50. Six-inch birthday cakes are now available in chocolate or vanilla for \$5! Ice cream flavor of the month is Bear Creek Caramel or Butter Pecan.

Coffee specials

Come get a café mug for \$1.50! Your first cup is on us! Refills are just \$0.75 (+tax). Buy 9 cups of coffee get the 10th FREE! (Red Café Mugs are included.)

Muffin specials

Come join our muffin club at the Café!

Buy 8 muffins get the 9th FREE!



**Purchase a pastry and coffee and
get double punches on your coffee card.**

GL# 015255257105

For use only at The Market at Cedar Ridge, 113 Cedar Ridge Drive

expires: 09/30/2011

... *'Independent Living'* continued from page 11

"Deer Camp: The Musical"

With great songs about wives, grunt horns, coupon clippers, beer and Bingo players, follow four fearless hunters on their annual trek to deer camp. After decades of "hunting" trips, they have yet to bring home a deer and their wives are getting suspicious. Laugh along as they hatch a plan to save their hunting paradise without firing a shot. To learn more visit: DearCampMusical.com. The sign-up sheet will be posted at the Village bulletin from September 9 – 26. We will carpool for this event. Please indicate if you are willing to drive and how many passengers fit in your vehicle.

Date: Saturday, Oct. 29

Time: 3 p.m.

Location: Schauer Arts & Activities Center, Hartford

Cost: \$29

Contact: Jimmy Faase, Moraine Hills West, Village SAE,
262.335.3308

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*Above:
Concertgoers started a congo line as they listened to the Mayville Steel Drums on Sunday, July 31.*

SAE Beach Party Thursday, Aug. 11 left: Dale Grebe and Clyde Crass grill up lunch. right: Ridger Ada Decker calls 'shotgun' as Bonnie Amerling, volunteer coordinator, drives the bug around campus for the beach party!



With summer coming to a close Cedar Landing and Cedar Bay look back at all the fun parties and events that made the 2011 summer season so special.

August was National Family Month and Cedar Bay celebrated with a wall of pictures including all the wonderful families of our Cedar Bay residents.

Cedar Landing's Outdoor Summer Concert Series was a huge success. The concerts were enjoyed by residents of both Cedar Bay and the Village Homes as well as many residents from Elkhart Lake and Plymouth. Wonderful weather made each concert the perfect way to spend a summer evening. Proceeds from food sales benefited the Cedar Landing Enthusiast Club, the Elkhart Lake Fireman's Fund and the Elkhart Lake High School Scholarship Fund. Many thanks to all the resident volunteers who helped make the food sales a success!



Inez Mayer and Terry Risse enjoy dancing to polka music at the annual July Polka Brat Fry Party.



Dietary staff Marge, Laurie and Lisa get into the spirit as they celebrate another wonderful meal prepared for the resident's party!



Elroy Buechel and daughter, Barb



Lorena Gosse and daughter, Lola

Assisted Living Week

September 11 – 17 will be the annual week-long celebration of Assisted Living Week with fun activities and events planned at Cedar Bay.

Save the date!

Ivan is 8! We're throwing a birthday party for everyone's favorite Cedar Bay resident ... our beloved hound, Ivan. Cake and ice cream and of course dog treats will be served. All of Ivan's friends are invited.

Date: Tuesday, Sept. 27

Time: 1 p.m.

Location: Cedar Bay Bistro



We're all fundraisers at Cedar Community



Amy Johnson
Director of Philanthropy

Almost two years ago when I attended my employee orientation, a fellow staff member, who was a clinician stated, "I could never do your job." My response to her was "you do my job every day." Residents, family members and friends give to Cedar Community because of the great care our residents receive and the excellent quality of life they experience here.

Recently I had the opportunity to work with family members on designations for memorial gifts received after a resident passed away. This particular resident loved to sit outside into the courtyard and Dandelion Park. It made sense that some of the memorial gifts would support new benches in those areas the resident enjoyed so much. But this resident also participated in many of the activities and especially liked the Fisheree, Bingo, concerts and the "It's Never 2 Late" interactive computer program. He also began painting, which he had never done before, through help from Jessie Surfus, activity program manager. He completed paintings for his wife and all of his children – what a wonderful remembrance for his family! Activities were so important for this resident, the family decided that part of the memorials be directed to fund activities too.

Cedar Community typically receives around \$30,000 each year from memorial gifts. It's a wonderful way to remember someone and give back to an organization that really does care for its residents, their family members and friends. It also shows our staff members the work they do each and every day is appreciated.

Amy JOHNSON
Director of Philanthropy

Remembering those we love

The Cedar Community Foundation truly is grateful for receiving the following gifts between May 1 and June 30, 2011.

In memory of:

<i>Adeline K. Wandrey</i>	CLHCC Activity Dept
<i>Alex J. Bales</i>	CC Hospice
<i>Alvin T. Grundahl</i>	CH General
<i>Andrea Yoh</i>	2011 PIC Campaign
<i>Andrew G. Nelson</i>	Memorial Fund
<i>Anna P. Lambach</i>	CR Memorials
<i>Arlene Van Dien</i>	2010 PIC Campaign
<i>Armella I. Gahlman</i>	Memorial Fund
<i>Arthur Schait</i>	Ye Olde School
<i>Audrey A. Watzlawick</i>	CBW General
<i>Barbara T. Martin</i>	CC-Friendship House
<i>Beatrice Landvatter</i>	CLHCC-Cedar Cove
<i>Beverly Rosal</i>	Memorial Fund
<i>Bill Luckow</i>	2011 PIC Campaign
<i>Bob Retzlaff</i>	2011 PIC Campaign
<i>Calvin F. Pomerening</i>	CC Hospice
<i>Cecilia M. Strupp</i>	CC Hospice, 2010 PIC Campaign
<i>Charles G. Gilg Estate</i>	Memorial Fund
<i>Christine Mitchell</i>	CC Hospice
<i>Cleone H. Weigand</i>	2011 PIC Campaign
<i>Clyde Russell</i>	CR Choristers, 2010 PIC
<i>Corky Steinbach</i>	CC Hospice
<i>Delbert M. Petermann</i>	Memorial Fund
<i>Dolores A. Felsecker</i>	2010 PIC Campaign
<i>Donald M. Peters</i>	CC Hospice, Memorial Fund
<i>Donald W. Theisen</i>	CBW General
<i>Dorothy A. Nothem</i>	CBE General
<i>Dorothy Henrich</i>	2010 PIC Campaign
<i>Dorothy L. Roessler</i>	CR Memorials, 2011 PIC Campaign
<i>Edna M. Kirsch</i>	CC Hospice
<i>Edna Stimmel</i>	2011 Enthusiast Club
<i>Edward Cowell</i>	Memorial Fund
<i>Edward W. Weber</i>	2011 PIC Campaign
<i>Ellsworth S. Gray</i>	CBW General, CR General
<i>Elmer Gauger</i>	CH Services & Equipment
<i>Enid A. Cechvala</i>	CBE General
<i>Ervin T. Gorecki</i>	Cedar Crossings/CC
<i>Estelle Sayre</i>	Memorial Fund
<i>Evelyn D. Smith</i>	Memorial Fund
<i>Fern E. Lofy</i>	Memorial Fund
<i>Florence A. Kammerer</i>	2011 PIC Campaign
<i>Florence Dunn</i>	2011 PIC Campaign
<i>Florence M. Wiedmeyer</i>	2011 PIC Campaign
<i>Frank F. Uttech</i>	Memorial Fund
<i>Genevieve A. Justl</i>	CC Hospice
<i>Genevieve E. Machacek</i>	Memorial Fund
<i>George J. Hall</i>	Gift-in-kind

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Canned goods needed for Heritage House open house

We would like to have a display of homemade canned goods for the upcoming event at Heritage House - vegetables, fruits or whatever you have been canning. If you can help us out with this project please call the volunteer office at 262.306.4218. Items need to be dropped off no later than Wednesday, Sept. 28.

Volunteer name badges

All volunteers are required to wear name badges while volunteering at any location throughout Cedar Community. If you do not have a badge or lost yours, please call the volunteer office at 262.306.4218. There is no charge for name badges.

Volunteer sign-in books

Please log your hours when volunteering. We need to keep accurate records for state and federal regulations. Volunteer sign-in books are located in the following areas:

Cedar Lake Health and Rehabilitation Center – by the ATM machine, volunteer office/lounge and Cedar Closet

Cedar Bay West – by the reception desk

Cedar Bay East – first floor activity room

Cedar Ridge – by the reception desk, Performance Square, Market Café and Woodshop

Cedar Valley – reception desk

Cedar Landing – reception desk

Stay healthy

If you are not feeling well and are scheduled to volunteer, please take care of yourself and do not come in. If a household at any Cedar Community location is on quarantine please do not come to volunteer in this area or visit. If an injury should occur while you are volunteering to either a client or yourself, please notify staff immediately.

Safety first

For all volunteers who help transport residents in wheelchairs, please make sure resident's feet are on the foot pedals and hands are not on the wheels. This is to provide safe mobility for

residents and volunteers alike. If you notice a resident without foot pedals please let staff know. Residents who propel their own chair and do not receive assist for mobility may choose to have the pedals off their chair.

To all volunteers who drive our vehicles – car, mini vans, golf carts or pontoon boats, please practice safe driving habits – wear seat belts, do not talk on cell phones while driving, follow speed limits and allow enough time to get to your destination. If you notice any mechanical challenges please report it.

Volunteer lounge and office

The volunteer lounge and office is located right off the main entrance of Main Street Mall in Cedar Bay East (B2070). Stop by for refreshments and snacks. Sit down and relax or take them with you. This room is open 24 hours a day for your enjoyment.

Where is the volunteer coordinator?

Many volunteers have recently asked me, “Where are you?” I am usually here four days a week but do not spend a lot of time in my office. I am out promoting new volunteer opportunities, scheduling volunteers or at other Cedar Community locations for meetings or events. The best way to contact me is by calling 262.306.4218 which is my direct number. Please listen to the voice mail message. It will tell you if I am in the office or not. Please leave a detailed message with your phone number and I will get back to you as soon as I return to the office. If you email me that is fine also but I only check my emails when I am at work in my office. If it is an emergency please call 262.306.2100 and the customer relations associates will help you.

Mark your calendar!

Mark your calendar for an evening of laughter and fun. Volunteer Appreciation will be held on Wednesday, Oct. 19. Invitations will be mailed out this month. Please do not forget to RSVP.

Bonnie AMERLING
Volunteer Coordinator

The last month was busy at Cedar Valley. We held the Cedar Valley Women's Retreat, the Tin Lizzie group was here for a week, the Cedar Valley Art Club decorated two rain barrels for the West Bend Beautification fundraiser and we celebrated the 25th anniversary. We also acquired a new horse. She is a seven-year-old Appaloosa named Angel. Stop out and visit her. She loves carrots and apples.

Following are some of the wonderful programs and events being held at Cedar Valley during the next several months.

Introduction to Watercolor

Join us for this three-day workshop. You will be guided to create using your hidden talents. Earl Ritter will teach you the foundations in the technique of watercolor painting. The class is small and relaxed. All you need to bring is your desire to try something new. Classes are suited to all levels of watercolor artist, from beginner to advanced. No experience is required.

Date: September 13, 14 and 15

Time: 9 a.m. to noon

Cost: \$75 which includes all supplies that are yours to take home at the end of the workshop

Animal Awareness Day

Join us in this enjoyable and informative event. Bring your children and grandchildren. We will have wagon rides all day, horse rides from 11 a.m. to 1 p.m. Presentations will include the Human Society, horse massage training by Dr. Donna Mertz and birds of prey by Marty Thompson. There will also be vendors and food.

Date: Saturday, Sept. 24

Time: 10 a.m. to 3 p.m.

Cost: Free admission

Paper Making – “Cast Molding” – The Next Step To Creativity!

Greg Grummer returns to teach you how to make beautiful handmade paper incorporating cast molding to your finished product.

Date: Saturday, Oct. 8

Time: 9:30 a.m. to 12:30 p.m.

Cost: \$15 which includes all supplies and a casting mold to take home. Space is limited. Advance registration is required.



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Update from the administrator



Joanne Bodien
Administrator, Director
of Clinical Operations

Last month, we broke our admission record at Cedar Lake Health and Rehabilitation Center with 69 admissions during the month of July. The need for short-term rehabilitation continues and we are pleased, along with our Crossings at Pleasant Valley unit, to be the preferred rehabilitation program in Washington County. Because of the continued growth in this area, we have added to our inpatient rehabilitation team. Physical therapist Holly Rudroff joins physical therapists Anne Skalmoski and Brian Ong and Julie Waln, physical therapy assistant, rounds out the physical therapy assistant team consisting of Jody Link and Roxie Rindt. Beth Mazer, speech therapist and Lynda Tomaz, occupational therapist, recently joined the department. Our rehab team works closely with our exceptional subacute nursing staff to assist patients in regaining their previous level of function and return home. The average length of stay on Crossings at Cedar Lake is 27 days and in 2010, 93.5 percent of admissions were discharged to a lesser level of care.

Our Independence Store underwent its reaccreditation survey and passed with a score of 97 out of a possible 100 points. Last month saw a number of scooter sales including the “LEO” which is great for outside use on trails and different terrains. Leon Casalena was thrilled with his new scooter and the service he received from the Independence Store. He purchased it for its ability to handle rugged terrain up north. He was even able to “test drive” it in Cedar Community’s Dandelion Park before making the purchase.

Joanne BODIEN
Director of Clinical Operations



Leon Casalena
testing out his
new scooter with
helpful staff from the
Independence Store.

ATM machine

For your convenience, there are two cash machines available to Cedar Community residents, staff and visitors. One is located at Cedar Ridge near the Market Café and the other is at Cedar Lake Health and Rehabilitation Center near Blossoms Deli.

These ATMs are owned and operated by a service, Quality ATMs. They are charging a small fee for every withdrawal to recover their costs. Because the ATMs are not owned by a bank, the fee is the same no matter which bank the cardholder uses. You can look at the ATM withdrawal fee as similar to the cost of using any other vending machine. You pay an extra cost for the convenience, saving you a trip to the bank or store.

The old machines were owned by M&I Bank who had been providing them free as a service. Our employees were servicing the machines, requiring time away from their regular duties every week, especially when there was a problem. The machines were aging and needed to be replaced and M&I felt they could no longer provide them without a rental charge and higher withdrawal fees.

The company we chose provides the ATMs for a lower withdrawal fee, no rental charge and they service the machines.

If you have any problems with the new ATMs, you may contact your bank or call the number listed on the front of the machine, 1.877.271.2627.

Cathy YEKENEVICZ
Accounting Manager

Pharmacy Q&A

Q: Which drugs are due to lose their patents soon?

A: In the next 13 months you will see generic versions of many popular brand name medications. Their patents were filed up to 20 years ago, long before they were marketed. The expiration of these patents should result in sizable savings for consumers. Some of the most widely use drugs and the approximate date of the first-time generic versions:
Zyprexa – October, 2011; Lipitor – November, 2011;
Lexapro – March, 2012; Seroquel – March, 2012; Avapro – March, 2012; Plavix – May, 2012; Tricor – July, 2012;
Singular – August, 2012; Actos – August, 2012; Diovan, 2012.

Patients using these medications should see their prescription costs plummet once the generic versions are widely available. Insurance companies routinely require the use of the generic version when available. If you are taking an expensive medication that is difficult to afford, consider asking your doctor if there is a similar drug in generic form that would be appropriate for you.

Thoughts on “Cedarsaurus”

I moved to Cedar Ridge in October of 1988. “Cedarsaurus” was then on the prairie berm west of Cedar Ridge and was later moved to the walking path on the south side of the pond where it has added interest to the pond, especially with its reflection in the early morning sunlight.

My memory (along with historical consulting with Don Stettler), helps record the story of “Cedarsaurus.” As Cedar Ridge was being built, Rev. Riesch and architect David Loomans were placing beautiful metal sculptures on the grounds of three campuses which included a large “Saurus” at Cedar Valley. A smaller wooden animal was crafted in the woodworking shop located in the original Friendship House building which was later renovated and is now Cedar Bay West. Brianne Loomans was likely the primary “artist.” Meant for placement in Dandelion Park, it didn’t seem to fit in there so it was moved to the prairie berm at Cedar Ridge.

Other history

The original Friendship House building also displayed a wide variety of historical items along with antiques at Ye Olde School, the log house at Cedar Valley, the southwest second floor lounge at Cedar Ridge, as well as in several rooms in the health and rehabilitation center. The Koehl farmhouse was renovated by a work crew of residents under the leadership of Lois and Henry Dumann along with other Villagers and became Heritage House. On Veteran’s Day, (November, 2008), a display of military ware and equipment made a marvelous display in the Celebration Room of the health and rehabilitation center and then the items were returned to a storage room.

Several publications are available with information on the development of our beautiful Cedar Campus. Pearl and I were happy to share several of our antiques for the renovation of the Koehl house so I have been especially interested in our campus history. I am sure other “old timers” could be helpful in other historical memories.

Howard KNOX
Cedar Ridge Resident

... "Stephen Ministry" continued from page 5

their lives. This is an ongoing experience and now my Stephen Ministry training is helping me deal with these issues of faith and confidence.

Can you share your feelings of what you are experiencing as you minister to Cedar Community residents? What do the connections provide for you?

I have been meeting with my care receiver since mid May and we have already built a budding friendship. The spiritual part of this equation is just starting to come into it but I look forward to every visit and always walk out feeling fulfilled and happier. I can't explain how gratifying it is to walk into her room and see her eyes light up just because I am there to see her and her only!

How has Stephen Ministry affected, changed, transformed your life?

I already feel my faith growing stronger each day and I honestly think I am improving on my own shortcomings. The support group meetings with other Stephen Ministers and their experiences have been invaluable in giving me the support and confidence I need.

Further comments about your experiences as a Stephen Minister ...

You might want to check in with me a year from now. I am at the tip of the iceberg right now!

Can you share some of your own personal history?

My personal life journey has not been the easiest. My mother died when I was 18, I struggled through a failed marriage and became a single mom. I was not attending church and just did not feel grounded, even though I have always had wonderful family support. That all changed with raising a very stable and successful son, marrying my knight in shining armour and moving to Kewaskum, which led to joining Peace United Church of Christ. I thank God every day for all of my blessings

and finally feeling safe and grounded in my community and in my faith.

... "Friendship House" continued from page 7

Shirley Moulthrop says, "After my husband died, all my children said, 'you can live with us,' but I did not want to do that. My daughter, Julie, knew of Cedar Ridge." Shirley moved to Cedar Ridge for the next 15 years following a two-year wait for a two-bedroom first floor apartment. "I'm a people person so it did not take me long to get acquainted." Shirley served on the Resident Council as vice president and president. Every Saturday she played Bridge with other Ridgers and Party Bridge once a month. This summer her daughter, Julie, took her to Cedar Ridge for Party Bridge.

Lynn, Mary, Shirley along with former Ridgers, Lorraine Degner, Erna Zarling, Dolores Dhein and Katherine Zauner congratulate Cedar Ridge on their 25th anniversary!

... "Independent Living" continued from page 13

News from independent living

The Cedar Singers comprised of Village and Ridge residents were invited to sing at the Washington County Fair. It just so happened I was at the fair with my children who are in 4H and I was lucky enough to attend their concert in the pavilion on Thursday, July 28.

It was a wonderful concert! John Wood was the announcer for the singers and Sherry McElhatton accompanied and directed the choir and musicians. Howie Knox was in rare form and played the trumpet and horn right next to our music therapy intern, Rachel Miller, who played the clarinet. A solo was performed by Mort Zulick in German and was delightful! George Schowalter played the tuba and Carol Luckow played percussion (she told me she has been playing since she was a small child).

Carol Perkins plays the accordion for the Cedar Singers and has been playing with the group for over five years. She doesn't live at Cedar Community, yet, but is a volunteer with the group. One of the best parts of the concert was the familiar songs the audience could sing a long to. The Cedar Singers will be performing at Cedar Valley, Cedar Theatre and Germanfest in West Bend later this month. They will also appear in the Performance Square at Cedar Ridge on September 1. Please see performance dates in the Cedar Citizen, Cedar Scene or your monthly calendar.

It was really fun to see many of my residents enjoying life and bringing joy to others. They have been invited to return to the Washington County Fair next year!

The Mayville Steel Drum Band returned to Cedar Ridge on July 31 for a concert and corn roast. This band is very talented and played very upbeat and energizing music. The concert was held in the Grand Hall due to the extremely hot weather and everyone enjoyed themselves.

Jill PINK

Cedar Ridge Apartments and Village Homes Housing Manager

... "Cedar Valley" continued from page 17

The Joy of Painting

Back by popular demand, Jim Lackner returns to guide you through the process of painting your very own masterpiece, suitable for framing, after just one class. No previous experience is required. In this class Jim will teach you how to paint a tropical seascape.

Date: Saturday, Oct. 22

Time: 10 a.m. to 3 p.m.

Cost: \$55 which includes all supplies to complete a 16" x 20" painting. (Bring your own snacks to enjoy while you work.)

Fundamentals of Graphology

Lisa Schuetz, C.G., professional handwriting analyst, returns to teach the Fundamentals of Graphology. This is a composite of a four-part course. Topics in this full-day workshop include: definition – background and methodologies of handwriting analysis; letter size – ego needs, sense of importance; slant – emotional expression and relation to others and line of writing – mood and inner control.

Date: Saturday, Oct. 29

Time: 8 a.m. to 5 p.m.

Cost: \$150 which includes lunch and a 75-page informational booklet on graphology. If you have attended one of Lisa's classes at Cedar Valley a \$15 discount will be given.

Origami

Barb Hermans will help you make holiday origami ornaments using beautiful authentic Japanese-made origami paper. Create bead-shaped, sunburst and four-point star ornaments in this "make-it and take-it" class.

Date: Saturday, Nov. 13

Time: 9:30 to 11:30 a.m.

Cost: \$25 which includes all supplies to make 11 bead-shaped, three sunburst and two four-point star ornaments.

continued on next page ...

The Cedar Singers perform for fairgoers at the Washington County Fair.



... "Cedar Valley" continued from previous page

Massage Your Partner

Jean Runte, registered massage therapist, will teach you how to rub your mate the right way! She will teach you basic massage techniques and stretching exercises you can do at home. She will also discuss the differences between massage lotions and oils, teach different techniques suitable for home massage and discuss nutrition and hydration as related to massage.

Date: Wednesday, Nov. 16

Time: 6 to 8 p.m.

Cost: \$30 per couple. Space is very limited for this class, so sign up soon.

... "Remembering those we love" continued from page 15

<i>Gilbert J. Sullivan</i>	2010 PIC Campaign
<i>Harold E. Bruns</i>	CL Cedar Bay
<i>Harold J. Wiedmeyer</i>	Memorial Fund, 2011 PIC Campaign
<i>Harold L. Thornburg</i>	CC Hospice
<i>Harry Knueppel</i>	CH Services & Equipment
<i>Harry L. Kroening</i>	Memorial Fund
<i>Helen C. Miller</i>	CC Hospice
<i>Irene C. Utech</i>	CLHCC-Cedar Cove
<i>Irene Merkowitz</i>	CBW General
<i>Jack Krouth</i>	2011 PIC Campaign
<i>James Berg</i>	2011 Enthusiast Club
<i>James Howard Hauboldt</i>	2011 PIC Campaign
<i>James P. Dengel</i>	Cove Crtyd Renovation
<i>James W. Mohr</i>	2011 PIC Campaign
<i>Jane E. Lautenbach</i>	CC Hospice
<i>Jane M. Kasten</i>	CBE Activities
<i>Janis Johns</i>	2011 PIC Campaign
<i>Jean E. Tromp</i>	2011 PIC Campaign
<i>Jeanette G. Hausmann Estate</i>	CBW General
<i>Jeanette L. Orth</i>	Memorial Fund
<i>Jeanne Otten</i>	Memorial Fund
<i>Jerome Bettinger</i>	2011 PIC Campaign
<i>Jim Keller</i>	CC Home Health Services, CR Memorials
<i>Jim Smith</i>	2011 CLanding Enth Club, CC Hospice
<i>John A. Heile</i>	CR Memorials, 2011 PIC Campaign
<i>John Bodden</i>	CR Memorials
<i>John M. Koeppel</i>	2010 PIC Campaign, Village
<i>John Parchim</i>	CH Services & Equipment
<i>John W. Chitwood</i>	CLHCC-Cedar Cove
<i>Joseph Grace</i>	2011 PIC Campaign
<i>Josephine W. Franke</i>	CLHCC-Cedar Cove
<i>June C. Mueller</i>	CC Hospice
<i>Lavern C. Kraus</i>	Memorial Fund
<i>Leyola T. Wietor</i>	2010 PIC Campaign
<i>Lillian L. Kuester</i>	2011 PIC Campaign, Memorial Fund

Cedar Valley Art Club and Cedar Valley Photography Club

Each meets once a month. Call for more details.

Spaces are limited for all programs. First come first served. Advance registration is required. To register call **262.629.9202**, email **cvcinfo@cedarvalleycenter.org** or directly on the website at **cedarvalleycenter.org**.

<i>Lilyosa A. Uelmen</i>	CLHCC-Cedar Cove, Cedar Creed Courtyard
<i>Lois J. Gaskell</i>	2010 PIC Campaign
<i>Lois Kesselhon</i>	2011 PIC Campaign
<i>Lorein Fronck</i>	CC Hospice
<i>Lorine Jakubek</i>	Memorial Fund, 2011 PIC Campaign
<i>Lorraine D. Danielson</i>	CLHCC-Cedar Cove
<i>Lorraine L. MacDonald</i>	CBW Activities
<i>Lucille J. Albinger</i>	PV General
<i>Lucille Waskiewicz</i>	2011 PIC Campaign
<i>Lucy W. Ruedt</i>	2011 PIC Campaign, Memorial Fund, CBW
<i>Lucylle Lasky</i>	2010 PIC Campaign
<i>Luella M. Espen</i>	2011 PIC Campaign, Memorial Fund
<i>Lyle Link</i>	2010 PIC Campaign
<i>Mae G. Maretich</i>	Gift-in-kind
<i>Marcella L. Steinkrauss</i>	Memorial Fund & 2010 PIC Campaign
<i>Margaret Gerlach</i>	2010 PIC Campaign
<i>Margaret H. Seymour</i>	Memorial Fund
<i>Margaret P. Brussat</i>	CBE General, Memorial Fund, 2011 PIC Campaign
<i>Margery S. Forester</i>	2011 PIC Campaign, CBW General
<i>Marguerite Pedersen</i>	Memorial Fund
<i>Marilynn T. Haushalter</i>	2010 PIC Campaign, CR Library, PIC Campaign
<i>Marion Yogerst</i>	Memorial Fund
<i>Marjorie Jossart</i>	2011 PIC Campaign, Memorial Fund
<i>Marjorie L. Larson</i>	2011 PIC Campaign
<i>Mary A. Becker</i>	Arts & Entertainment Fund, CR Memorials
<i>Mary E. Wichert</i>	HCC Equipment Fund
<i>Maureen Whelan</i>	Memorial Fund
<i>Merril J. Krueger</i>	2011 PIC Campaign
<i>Milton Johnson</i>	2010 PIC Campaign
<i>Myles H. Weber</i>	CR Renovation, 2011 PIC Campaign, Hospice, Activity
<i>Myra L. Brummond</i>	CC Hospice, Cedar Cove, Activity
<i>Myron E. Schmidt</i>	CBW General, CC Hospice
<i>Nick F. Levenhagen</i>	2011 PIC Campaign, CR Memorials
<i>Noreen F. Merkel</i>	Memorial Fund
<i>Norma Strauss</i>	Memorial Fund

Where in the world is CC?

Planning a trip? Don't forget to take your Cedar Community T-shirt with you! Have your photo taken in one next to a readily identifiable landmark during your travels. Drop the photo off at Cedar Community's marketing department, or email a digital photo to: cfrohmaker@cedarcommunity.org. If your photo is chosen for publication, you'll receive a \$5 Cedar Community gift card, which can be reloaded and used again and again toward your favorite Cedar Community services and purchases.



Bruce and Sallie Peterson, daughter and son-in-law of Kay Jennrich of Countryside, traveled to Kenya, East Africa in late June. Above they are pictured with Maasai Warriors, (left to right) Amos, Bruce, Thomas, Dennis and Sallie.

<i>Ralph Boden</i>	CH Services & Equipment
<i>Raymond R. Ungemach</i>	Wood Workshop
<i>Roger J. Reindl</i>	CC Hospice
<i>Roman Drazniowski</i>	CR Grounds, 2011 PIC Campaign
<i>Rosario A. Scaffidi</i>	Memorial Fund
<i>Rosemary Frank</i>	2010 PIC Campaign
<i>Ruth Kaestner Gilg Estate</i>	CBE General
<i>Steven P. Carr</i>	Memorial Fund
<i>Teresa A. Hembel</i>	2011 PIC Campaign, Resident Life Enhancement
<i>Vernon Holley</i>	CLHCC-Cedar Cove
<i>Virginia J. Hall</i>	Gift-in-kind
<i>Walter J. Olsen</i>	2010 PIC Campaign
<i>Wilbur L. Swift</i>	2011 PIC Campaign
<i>William J. Schwab</i>	CLHCC-Cedar Cove
<i>William T. Russell</i>	Countryside Staff

In honor of:

<i>Agnes L. Bast</i>	CBE Activities
<i>Anna M. Becker</i>	2011 PIC Campaign
<i>Arthur P. Hoberg</i>	2011 PIC Campaign
<i>Emil Radeztsky</i>	2011 Enthusiast Club
<i>Heidi Thomas</i>	2010 PIC Campaign
<i>James Williams</i>	SHARE /Staff
<i>John & Jeanne Wood</i>	2010 PIC Campaign
<i>Mitchell Ogi</i>	2011 Enthusiast Club
<i>Staff from Crossings on Chestnut</i>	2011 Enthusiast Club
<i>Tom & Margie Kieckhafer</i>	CC Hospice
<i>William G. Oelhafen</i>	CC Hospice

support groups

Friends, families, caregivers and anyone affected by the following diagnoses are welcome to attend a Cedar Community support group.

SEPTEMBER DATES

- 14 WED Alzheimer's and Related Dementia**
1 – 3 p.m., Cedar Bay West, Community Rm.
- 1 THURS Grief and Bereavement**
6:30 p.m., St. Frances Cabrini, 1025 S. Seventh Ave, West Bend
- NO MEETING Cancer**
1 p.m., Cedar Ridge First Floor North Conference Room
- 28 WED Low Vision**
1:30 p.m., Cedar Ridge First Floor North Conference Room
- 21 WED Multiple Sclerosis**
Noon, Cedar Ridge Top of the Ridge
- NO MEETING Parkinson's**
1 p.m., Cedar Ridge Education Room

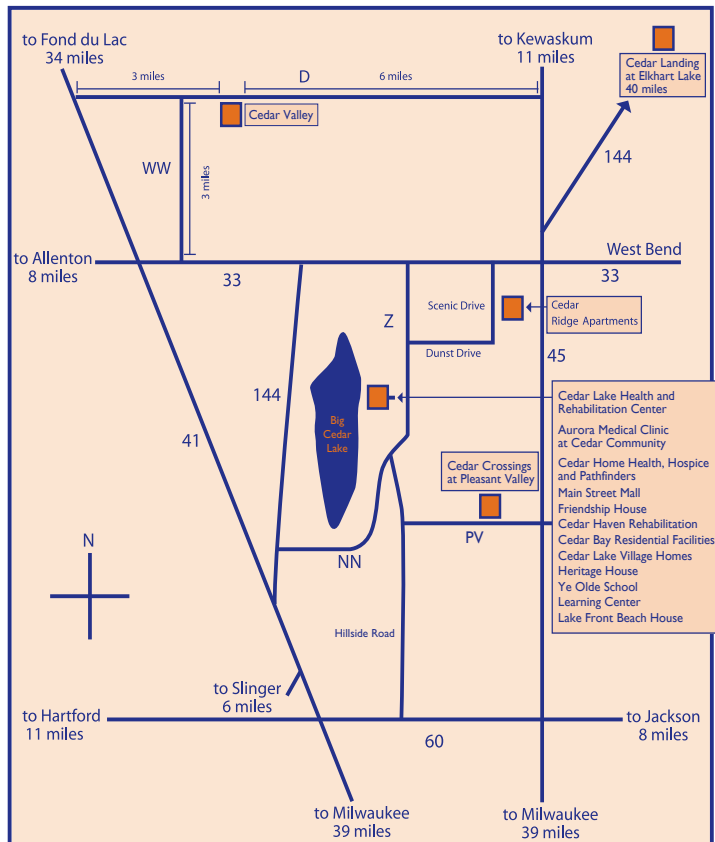


Benevolent Corporation
Cedar Community
5595 County Road Z
West Bend, WI 53095

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WE ARE CEDAR COMMUNITY



- | | |
|---|---|
| Cedar Lake Health and Rehabilitation Center
262.306.2100 | Cedar Home Health
262.306.2691 |
| Cedar Haven Rehabilitation Services
262.306.2150 | Cedar Hospice
262.306.2691 |
| Cedar Crossings Subacute at Cedar Lake
262.306.4240 | Cedar Pathfinders
262.306.2691 |
| Cedar Crossings Subacute at Pleasant Valley
262.677.6800 | Cedar Lake Village Homes
262.306.2102 |
| Cedar Ridge Apartments
262.338.8377 | Cedar Bay Assisted Living
East 262.306.2145
West 262.306.2130 |
| Cedar Landing
920.876.4050 | Cedar Valley Center and Spa
262.629.9202 |
| Cedar Bay at Cedar Landing
920.876.4050 | Friendship House Assisted Living
262.306.2120 |
| Cedar Community Pastoral Services
262.306.2100 | Ye Olde School/
Heritage House
262.338.4625 |
| Cedar Community Foundation
262.338.2819 | |