
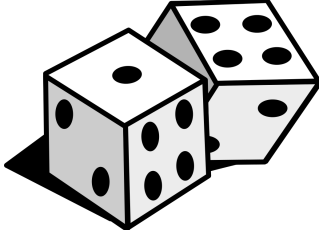



Cedar Bay West Calendar of Events for March 22nd – 28th

Sunday 22 nd	Monday 23 rd	Tuesday 24 th	Wednesday 25 th	Thursday 26 th	Friday 27 th	Saturday 28 th
2:00	9:00	9:00	9:00	9:00	9:00	
Movie “Big Stone Gap” starring Ashley Judd and Patrick Wilson – In a small town nestled in the Appalachian Mountains of Virginia, self-proclaimed spinster Ave Maria Mulligan finds her life shaken up and forever changed after learning a long-buried family secret.	Exercise Fellowship Room	Exercise Fellowship Room	Exercise Fellowship Room	Exercise Fellowship Room	Exercise Fellowship Room	
	10:00	10:00		10:00	10:00	3:15
	*Yahtzee Fellowship Room	*Square Numbers Fellowship Room		*Chime Time Rehearsal with Karen Fellowship Room	*Floor Dice Fellowship Room	Independent Shut Box Dice Game Fellowship Room
		2:00	10:00	2:00	2:00	
	Uno Spin Card Game Fellowship Room	*Pokeno Fellowship Room	*Music Appreciation Fellowship Room	*Bingo Fellowship Room		
	2:00	1:30	1:30	3:30		
	*Independent Ship, Captain, Crew Dice Game Fellowship Room	*Rosary Spiritual Center	*Happy Hour Fellowship Room	Chapel Service Fellowship Room		
3:30	3:30	3:15				
Back Bay Lounge	Catholic Mass Fellowship Room	Sunday’s Gospel Reflections with Mary Spiritual Center				

Positive Quote of the Week:

“It is only in our darkest hours that we may discover the true strength of the brilliant light within ourselves that can never, ever, be dimmed.” – **Doe Zantamata**

Store Hours: Open Daily from 9:00 – 12:00 and 1:00 – 7:00 (Subject to change)

Outing Sign Up Procedure: Activity staff will post posters for each outing at the “Around the Bay” area approximately one week before each outing. When the posters are up residents may then sign up for the outing with reception. Each resident must sign themselves up for outings (one resident may not sign up another). When residents sign up for an outing, including signing up as an alternate, there will be an upfront charge of \$1.00 for their reservation which will be paid at the time of sign up. In return, the residents will receive a receipt that they have paid the \$1.00 reservation fee. This \$1.00 will be refunded at the time of the outing if the resident does **NOT** cancel or if they cancel at least 24 hours in advance. Thank you for your cooperation.

If you went on the same trip the last time or if all spots are taken, residents should sign up as an alternate. If residents cancel, the alternates will be contacted by activity staff to let them know they can attend the outing. If an outing is cancelled for any reason and then rescheduled for a later date, the same sign up sheet will be used for the rescheduled outing.

Activities indicated with an * were requested by residents

Upcoming Events for April 2020! Mark your Calendar!

March 31st – Lunch Outing to Olive Garden at 11:00 (sign up starts on 3/24)

Absentee Voting at 2:00 (must be registered to vote at CBW – see life enrichment with questions)

April 1st – CBW Resident Association Meeting at 10:00

April 2nd – Chorister Concert Outing to Cedar Theatre (sign up starts 3/26)

April 8th – Bingo due to Good Friday

April 9th – Library Visit

April 10th – Good Friday Chapel Service at 10:30