

# Cedar Community Short-Term Rehabilitation

Cedar Lake Campus | 5595 County Road Z | West Bend, WI 53095 | 262.306.4240 | [cedarcommunity.org](http://cedarcommunity.org)

*Helping you get back on your feet*

*Leaving the hospital but not quite ready to return home? Cedar Community's Short-Term Rehabilitation is your bridge to recovery.*

## Services can include:

- Physical and occupational therapy
- Speech therapy
- Certified Wound Care RN
- IV Therapy
- Special pain therapy team
- Lymphedema treatment
- TPN/Tube-feedings
- Vestibular/dizziness treatment
- Fall risk/prevention programs
- Low vision therapy
- Incontinence/bowel programs
- Diabetic teaching programs
- Nutrition services and education
- Emotional and spiritual support
- Medication management

Cedar Community's team of caring professionals and physical rehabilitation experts are dedicated to helping you recover from surgery, illness or injury in a peaceful and supportive setting. You will have a private room with a private bathroom and easy access to activities, dining, outdoor patios, a gift shop, deli and common rooms, as well as a state-of-the-art therapy gym. We are nestled on 250 acres along the quiet shores of Big Cedar Lake in West Bend.

Short-term therapy is usually covered by Medicare, Medicaid, managed care or private health insurance. The Cedar Community admissions team can help answer any questions you have.

**For more information or to schedule a tour, call 262.306.4240.**

**Visit us at:  
[cedarcommunity.org](http://cedarcommunity.org)**



## **What to expect while you are here:**

- Your doctor feels you are making improvements and are now ready for a reduced care environment with short-term rehabilitation. While there will be assistance for you during your rehabilitation stay, short-term rehabilitation is very different from a hospital stay. Because this is not an acute-care environment, there are fewer staff and there are no regular “rounds” made by your physician. Also, there is no intercom system in your room when you push your call light like there is in the hospital.
- Your doctor expects you to be an active participant with the short-term rehabilitation team, in order to help you improve and get home sooner. Our rehab team will encourage you to do what you can for yourself, as well as actively participate in your therapy sessions and care planning.
- Please be aware that there is not a physician here around the clock. The majority of communication with your doctor will be by the nurse contacting their office.
- Meals are served restaurant style with many different menu options. If you are hungry at nontraditional meal times, please ask and we will make sure your nutritional needs are met.
- You will be assessed during each nursing shift for the first 48 hours and medications may need to be clarified with physicians upon admission.
- There is a phone provided in each room for you to make and receive phone calls. We also have WIFI connectivity so that your devices can be connected to the internet.
- Your schedule and other important information will be on the board in your room.
- Health Unit Coordinator (HUC) should be contacted for appointments/transportation.
- Short-term rehabilitation nurses should be informed of general health needs and concerns. They will communicate with your physician.
- Social Workers should be contacted for discharge planning