



Cedar Bay West Activity Schedule



Sunday, July 18th

8:15-12:00 Chapel Service on Channel 900

Monday July 19th

9:00 Exercise (Fellowship Hall)
10:00-1:00 Exercise and Weight Training ***No appointment needed!*** (Fitness Center)
10:00 Yahtzee (Fellowship Hall)
1:30 Show and Share (Community Room)
3:00 Catholic Mass with Father Don (Fellowship Hall)



Tuesday July 20th

9:00 Exercise (Fellowship Hall)
10:00 Word Games (Community Room)
Golf Cart Ride ***Sign up w/Life Enrichment*** Meet in Lobby at 1:30
2:00 Craft Time with Kayla 1 (Craft Room)
3:15 Music Appreciation (Fellowship Hall)



Wednesday July 21st

9:00 Exercise (Fellowship Hall)
10:00 Pokeno (Fellowship Hall)
1:30 Comedy Hour with Snacks (Community Room)
3:00 Chapel Service (Fellowship Hall)
Afternoon Visits with Life Enrichment



Thursday July 22nd

9:00 Exercise (Fellowship Hall)
10:00-1:00 Exercise and Weight Training ***No appointment needed!*** (Fitness Center)
10:00 Manicures with Kayla 2 (Community Room)
1:30 Travel Log- Germany! (Community Room)
3:00 Bible Study with Chaplain Mary (Fellowship Hall)



Friday July 23rd

9:00 Exercise (Fellowship Hall)
10:00 Coloring Group with Kayla 2 (Community Room)
2:00 BINGO!! (Dining Room)
Afternoon Visits with Life Enrichment



Saturday July 24th