

Cedar Bay East Activity Schedule

October 3rd- October 9th

Sunday, October 3rd

Spread love everywhere you go. Let no one ever come to you without leaving happier.” -Mother Teresa

Monday, October 4th

9:00 Exercise (AR) 10:00 Pokeno (AR)
2:00 Golf Cart Ride- Meet at East Lobby- Sign up by the buffet
outside of dining room 2:15 Wii Bowling (AR)
Afternoon visits with Life Enrichment

Tuesday, October 5th

9:00 Exercise (AR) 10:00 Yahtzee Dice (AR)
1:15 Independent Bridge (Activity Room Lounge)
1:30 Rosary with Reflections (AR)
3:00 Chapel Service (AR)

Wednesday, October 6th

9:00 Exercise (AR) 10:00 Bunco Dice (AR)
1:30 Independent Hand and Foot (Activity Room Lounge)
2:00 Fall Scenic Bus Ride- Sign up by the buffet outside the dining
room

Thursday, October 7th

9:00 Exercise (AR) 10:30 Catholic Mass-Location to be determined
1:00 Sunday's Gospel Reflection with Chaplain Mary (AR)
1:30 Independent Sheepshead (Library)

Friday, October 8th

9:00 Exercise (AR)
10:00 Music Appreciation – Learn about tune lifting
2:00 Bingo (Dining Room) Afternoon Visits with Life Enrichment

Saturday, October 9th

1:30 Independent Sheepshead (Library)

**Autumn mix guessing game- Take a guess at how many pieces of candy are in the jar and win a basket of prizes!
Jar is located on the buffet outside of the dining room.**

Sign up sheets are by the birthday board outside the dining room.

- Upcoming Events

October 4th Golf Cart Ride 2:00
October 6th Fall Scenic Bus Ride 2:00
October 13th-Happy Hour with Musical Entertainment –
Casey Carney 2:00
October 25th- Musical Entertainment- The Handymen 2:00

*Resident requested activity

Room Code

AR - Activity Room (1st)

TVL – TV & Movie Lounge (2nd)

CYK – Courtyard Kitchen (1st)

TH – Cedar Theater (1st)