



Cedar Bay West Activity Schedule



Sunday, January 9th

8:15-12:00 Chapel Service on Replay-Channel 900

Monday, January 10th

9:00 Exercise (Fellowship Hall)
10:00 Yahtzee Dice Game (Fellowship Hall)
12:00-4:00 Exercise and Weight Training (Fitness Center)
1:30 Name that Tune Sing-along (Fellowship Hall)
3:00 Catholic Mass with Father Don (Fellowship Hall)



Tuesday, January 11th

9:00 Exercise (Fellowship Hall)
10:00 Full House Card Game (Fellowship Hall)
1:30 Twister Bean Bag Toss (Fellowship Room)
3:00 Shake Lose a Memory (Fellowship Room)
Afternoon Visits with Life Enrichment



Wednesday, January 12th

9:00 Movement to Music (Fellowship Hall)
10:00 Music Appreciation (Fellowship Hall)
1:30 Amazing Ride Presentation-Judy Steffes (Fellowship Hall)
1:30 1:1 Music Visits
3:00 Chapel Service (Fellowship Hall)



Thursday, January 13th

9:00 Exercise (Fellowship Hall)
9:30-1:30 Exercise and Weight Training (Fitness Center)
10:00 St. John's Recorded Lutheran Service from Sunday (Fellowship Hall)
10:15 What's My Secret? Word Games with Kayla (Community Room)
2:00 West Bend Library Visits (Community Room)
3:00 Bible Study with Chaplain Mary (Fellowship Hall)



Friday, January 14th

9:00 Exercise (Fellowship Hall)
10:00 Word Games (Fellowship Hall)
2:00 BINGO!! (Dining Room)
Afternoon Visits with Life Enrichment



Saturday January 15th

2:00 Independent Activity- Movie ~ **We're No Angels** *Comedy*

Starring Humphrey Bogart and Aldo Ray (Community Room)