


Cottages Neighborhood 1 February 20th - 26th

| Sunday 20 th | Monday 21 st | Tuesday 22 nd | Wednesday 23 rd | Thursday 24 th | Friday 25 th | Saturday 26 th |
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| <p><u>10:30</u> *Chapel DVD</p> <p><u>11:00</u> *Exercise</p> <p><u>3:30</u> *Manicures</p> <p>*Visits with staff throughout the day</p> <p>*Indicates activity will be done by nursing staff</p> |  <p><u>11:15</u> Chapel Service</p> <p><u>12:00</u> Resident Council Meeting</p> <p><u>4:00</u> I Love America Jingo</p> <p><u>6:15</u> *Trivia</p> | <p><u>11:00</u> Exercise and Trivia</p> <p><u>2:45</u> Music with Karen and Olivia</p> <p><u>6:15</u> *1:1Visits</p> | <p><u>9:45</u> Discussion with Chaplain Jayne</p> <p><u>11:15</u> Exercise</p> <p><u>2:00</u> Table Games and Fun</p> <p><u>6:15</u> *Stop and Chat</p> | <p><u>11:00</u> Movement to Music</p> <p><u>1:45</u> Word Games</p> <p><u>6:15</u> *Discussion</p> | <p><u>11:15</u> Exercise</p> <p><u>4:00</u> Bingo</p> <p><u>6:15</u> *Resident Choice Movie</p> | <p><u>10:30</u> *Exercise</p> <p><u>1:30</u> *Manicures</p> <p><u>3:30</u> *Trivia</p> <p><u>6:00</u> *Lawrence Welk</p> |