

Cedar Bay East Activity Schedule

May 8th – May 14th

Sunday, May 8st

Channel 900- Chapel Service playing at 8:15 and looping until noon

Monday, May 9th

9:00 Build Better Balance with Joe (AR)

10:00 Crummy Poker Dice (AR) 1:30 Wii Bowling

2:30 Uno Cards (AR)

Afternoon Visits with Life Enrichment

Tuesday, May 10th

9:00 Exercise (AR) 10:00 Yahtzee Dice (AR)

1:15 Independent Bridge (Activity Room Lounge)

1:30 Rosary with Catholic Communion (AR)

3:00 Chapel (AR)

Wednesday, May 11th

9:00 Build Better Control/Balance with Joe (AR)

10:00 Culinary Comments with Jerry (DR)

3:00 Happy Hour- music with Jim Lorch

Afternoon Visits with Life Enrichment

Thursday, May 12th

9:00 Exercise (AR) 10:30 Lutheran Service in Celebration Room-Please meet at activity room by 10:10 and staff will assist you.

1:00-1:45 West Bend Library visits (AR)

1:30 Independent Sheepshead-(Library)

1:30 Sunday's Gospel Reflection with Chapel Mary (Courtyard Kitchen)

Afternoon Visits with Life Enrichment

Friday, May 13th

9:00 Build Better Control/Balance with Joe (AR)

10:00 Garbage Cards with Joe

2:00 Bingo (DR)

Afternoon Visits with Life Enrichment

Saturday, May 14th

10:15 Pokeno with Erin (AR)

1:30 Independent Sheepshead-Library

Build Better Balance- Activate and stimulate the major systems in the body responsible for balance and fall avoidance.

Build Better Control- Accommodates varying degrees of continence targeting the pelvic floor muscles responsible for continence.

Social Wellness- Program teaches the underlying strengths and abilities that contribute to improving one's social wellness.

Intellectual Wellness- Program uses mental/cognitive skills and abilities which help enhance one's memory.

Chapel on May 10th will be a Healing Service with Chaplain Mary (Prayer, readings, song, and Blessing to heal our mind, bodies, and Spirit.)

Men's Group- Join Joe for discussing a wide variety of interests such as cards, the outdoors, sports, crafts (woodworking), presentations and much more...

Upcoming Events

May 11th Happy Hour-Music with Jim Lorch 3:00

May 25th Musical Entertainment with Ville Belleville 2:00

Resident requested activity

Room Code

AR - Activity Room (1st)
(1stTVL – TV & Movie Lounge (2nd))

CYK – Courtyard Kitchen
TH – Cedar Theater (1st)