



Cedar Ridge

May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:00 Elvis Fest (CL) 1	1:00 Cedar Community Walking Group 2:00 Tech @ Home Class - Intro to Social Media (GH) 2	1:15 Intercessory Prayer Service for Ukraine (GH) 3:00 Happy Hour (B) 3	10:00 Cedar Ridge Coffee Hour - WB Fire Department ~ Chief Kudek (GH) 12:00 Party Bridge* (TOTR) 3:00 Build Better Balance (FC) 3:45 Build Better Control (FC) 4	Cinco de Mayo 8:30 Quilting (SR) 9:30 West Bend Library (CLR) 9:45 Quilting (SR) 1:00 Cedar Movie Channel 900 4:00 Cinco De Mayo Celebration (B) 5	10:00 Catholic Mass (GH) 6	7
Mother's Day 8	11:00 Low Vision Support Group Information Mtg (1NER) 9	9:30 Lutheran Women's Bible Study (1NER) 1:30 The Diversity Advocate Read (CL) 3:00 Happy Hour (B) 10	10:00 Cedar Ridge Coffee Hour - MSO Luther Gray 2022~23 Prelude Series (GH) 11:00 Cedar Ridge SAE Meeting (GH) 1:00 Catholic Scripture Discussion Group (V) 3:00 Build Better Balance (FC) 11	8:00 Pancake & Sausage Breakfast ~ Reservations (TOTR) 8:30 Music Planning Mtg (CLR) 1:00 Cribbage (CLR) 1:00 Cedar Movie Channel 900 1:30 Grief Support Group (V) 3:00 Cedar Readers Book Club (1SCR) 12	13	2:00 Foreign Films - My Uncle (CL) 14
2:00 Elvis Fest (CL) 2:00 SAE Education Film Series - Somebody Feed Phil Season 1, Episode 1 (B) 15	1:00 Cedar Community Walking Group 1:00 Sheepshead Club (CLR) 2:00 Tech @ Home Class - Intro to Social Media (GH) 16	3:00 Happy Hour (B) 17	10:00 Cedar Ridge Coffee Hour~ Home Instead Services (GH) 12:00 Ridge Bridge* (TOTR) 3:00 Build Better Balance (FC) 3:45 Build Better Control (FC) 18	1:00 Cedar Movie Channel 900 19	1:30 Diversity Advocates Meeting (GH) 20	3:00 Book Club 3 (1SCR) 21
2:00 Cedar Ridge SAE Social (CLR) 22	9:00 Resident Council Meeting (GH) 23	9:30 Lutheran Women's Bible Study (1NER) 1:30 The Diversity Advocate Read (CL) 3:00 Happy Hour (B) 24	10:00 Cedar Ridge Coffee Hour ~ TBD (GH) 1:00 Catholic Scripture Discussion Group (V) 2:00 Book Exchange (GH) 3:00 Build Better Balance (FC) 3:45 Build Better Control (FC) 25	9:00 Nimble Thimbles (SR) 1:00 Cedar Movie Channel 900 26	1:00 Caregiver Support Group (V) 27	28
29	Memorial Day 11:45 Cedar Ridge SAE Memorial Day Gathering* (GH) 30	3:00 Happy Hour (B) 31				

Weekly Events

Monday
8:15 a.m. Exercise Video (FC)
9 a.m. Woodwork Shop (WS)
9 a.m. Get Your Body Moving w/Jan (CL)
9:15 a.m. Exercise Video (FC)
9:15 ~ 10 a.m. Water Aerobics (P)
10 a.m. Lap Work Crafts and Conversation (V)
10 a.m. Yoga w/ Trina (CL)
10:15 ~ 11 a.m. Arthritis Exercise Class (FC)
11 a.m. Knitting\Crocheting (CLR)
11:15 a.m. Exercise Video (FC)
1 p.m. Catholic Communion (GH)
1:30 ~ 3 p.m. Beginning German.(NL)
3:30 p.m. Nutrition Topics & Recipe Sharing (CLR)
6:30 p.m. Sheepshead (CLR)
7 p.m. Scrabble (3NGR)

Tuesday
8 ~ 9 a.m. Early Morning Yoga (C)
9 ~ Noon Train Room is Open (TR)
9:30 a.m. Chair Yoga w/ Trina (CLR)
1:15 p.m. Chapel (GH)
2:30 ~ 3:30 p.m. Tech @ Home (GH)
3 ~ 4:30 p.m. Bible Study / Masterpiece (V)
6:30 p.m. Sheepshead (CLR)

Wednesday
8:15 a.m. Exercise Video (FC)
9 a.m. Woodwork Shop (WS)
9 a.m. Exercise Video (FC)
9 a.m. Get Your Body Moving w/ Jan (CL)
10 a.m. Coffee Hour (GH)
11:15 a.m. Exercise Video (FC)
11:15 a.m. "Kindness Rocks" Rock Painting (CL)
1 p.m. 500 Cards (CLR)
1:30 ~ 2:30 p.m. Advanced German (NL)
2 p.m. Water Aerobics (P)
6:30 p.m. Sheepshead (CLR)

Thursday
9 a.m. Rosary (GH)
9:15 ~ 10 a.m. Water Aerobics (P)
10 a.m. ~ WAUI Ukulele Ensemble Rehearsal (GH)
10:15 ~ 11 a.m. Arthritis Exercise Class (FC)
1 p.m. Cedar Movie channel 900
6:30 p.m. Sheepshead (CLR)

Friday
8 ~ 9 a.m. Early Morning Yoga (C)
8:15 a.m. Exercise Video (FC)
9 a.m. Beginner Ukulele Group Rehearsals (PS)
9 a.m. Get Your Body Moving w/Jan (CL)
9 a.m. Mens Coffee Social (CLR)
Except for the 3rd Friday
9:15 a.m. Exercise Video (FC)
11:15 a.m. Exercise Video (FC)
1 p.m. Pinochle (NL)
6:30 p.m. Sheepshead (CLR)

Saturday
6:30 p.m. Sheepshead (CLR)
7 p.m. Bingo (B)

Sunday
2 ~ 4 p.m. Rummikub (NL)
6:30 p.m. Sheepshead (CLR)

Room Key

3rd Floor
SGS ~ Stained Glass Studio
TOTH ~ Top of the Ridge
3NGR ~ 3rd Floor North Game Room

2nd Floor
GH ~ Grand hall
ART ~ Art Studio (off Grand Hall)
TR ~ Train Room

1st Floor
P ~ Patio
GH ~ Green House
C ~ Conservatory
B ~ Bistor
CLR ~ Club Room
LO ~ Lobby
NL ~ North Library
PDR ~ Privae Dining Room
PS ~ Performance Square
V ~ Veranda
1SCR ~ 1st Floor South Conf. Room
1NER ~ 1st Floor Norht Education Room

Ground Floor
FC ~ Fitness Center
WO ~ Wellness office
SL~ South Library
P ~ Pool
SR ~ Seting Room

Other
BBC ~ Boce Ball Court
SC ~ Shuffle Board Court
CS ~ Ceramic Studio
WS ~ Woodwork Shop
CL ~ Cedar Lodge
CTH ~ Cedar Theatre

Birthdays

	Cedar Ridge
	May
2	Beverly Saxine
3	Mary Schultz
4	Michael Morning
4	Don Stettler
6	Marie Axt
6	Grace Chaney
6	Wayne Jessup
7	Betsy Taurman
8	Bob Ast
8	Vonnie Kelling
11	Gene Traut
14	Carol Werblow
15	Betty Dobberfuhl
15	Lucille Swanson
16	Bob Hays
18	Marjorie Gonring
18	Gerry Kovatch
18	Joan Steffes
19	Sylvia Wearnisch
21	Helen Erickson
23	Conrad Menzel
24	JoAn Brasch
24	Pat Miller
26	Anna Mae Boothroyd
27	Anne Rummier
29	Natalie Chatham
30	Jim Breitbach

	Cedar Ridge Homes
6	Dick Melzer

Cedar Ridge Market Cafe Specials

Weekly Breakfast Specials:

May 2 - 6
Bacon & Cheddar Quiche with
Coffee or Juice

May 9 - 13
Farmer's Breakfast with
Coffee or Juice

May 16 - 20
Pancakes with Strawberries and
Coffee or Juice

May 23 - 28
Eggs Benedict with Coffee or Juice

May 30 - June 3
Loaded Egg Bake with Coffee or Juice

Weekly Sandwich Specials:

May 2 - 6
Italian Sub with Chips

May 9 - 13
Hot Ham & Cheese

May 16 - 20
Chicken Taco Salad

May 23 - 28
Sloppy Joes

May 30 - June 3
Chicken Salad on a Corissnt

Prairie and Campus Golf Cart Rides available

There will be golf cart rides available starting May through October. (Weather permitting)
These rides are offered on the Hwy Z Campus only by reservation.
Rides are about 1 hour

Reservations can be made by calling:
Mondays mornings at 10:00 a.m. by calling Frank Laycock ~ 262-338-6445
Thursday afternoon at 2:30 p.m. by calling Mike Kucharik ~ 262-353-9895

Special Group Rides on other weekdays by calling Bonnie Amerling ~ 262.306.4218
at least 72 hours in advance.

This is open to all residents and their guests. All passengers must be available to transfer on and
off the golf carts independently and seat belts must be worn at all times.

Trained Golf Cart Drivers through Cedar Community

If you would like to take a golf cart ride out on your own with other residents or guests you are so
welcome to but please call Bonnie Amerling at 262.306.4218 or 920.960.0415. to reserve a golf
cart, Do not take a cart without checking in because they may be being used by others.

Thank you .