

## Cedar Bay East Activity Schedule

July 31<sup>st</sup> – August 6<sup>th</sup>

### Sunday, July 31<sup>st</sup>

Channel 900- Chapel Service playing at 8:15 and looping until noon

### Monday, August 1<sup>st</sup>

9:00 Exercise (AR) 10:00 Square Numbers (AR)

2:00 Pontoon Boat Ride-

Sign up by the bulletin board outside the dining room

Afternoon visits with Life Enrichment

### Tuesday, August 2<sup>nd</sup>

9:00 Exercise (AR)

10:00 Coffee Hour – Nicole Pretre to provide an update on  
Repositioning of CBE- New sub-brand for the IL+ services (AR)

1:10 Movie outing-Where the Crawdad's Sing-sign up by the bulletin board  
outside the dining room-cost \$5.00-meet at East lobby 12:30

1:15 Independent Bridge (Activity Room Lounge)

3:00 Ecumenical Chapel Services (AR)

### Wednesday, August 3<sup>rd</sup>

9:00 Exercise (AR) 10:00 Crummy Poker (AR)

2:00-4:00 Car Show CBE Parking Lot- Refreshments served

Afternoon visits with Life Enrichment

### Thursday, August 4<sup>th</sup>

9:00 Exercise (AR) 10:30 Catholic Mass in the Celebration Room-please  
meet by the activity room by 10:10 and staff will assist you

1:30 Sunday's Gospel Reflection with Chaplain Mary (AR)

1:30 Independent Sheepshead (Library)

### Friday, August 5<sup>th</sup>

9:00 Exercise (AR) 10:00 Bean Bag Toss (AR)

2:00 Bingo (DR) Afternoon Visits with Life Enrichment

### Saturday, August 6<sup>th</sup>

1:30 Independent Sheepshead-Library

**Men's Group-** Join Joe for discussing a wide variety of interests such as cards, the outdoors, sports, crafts (woodworking), presentations and much more.

Coffee Hour- Topic-Relocation of the CBE-soft launch of the new sub-brand for the IL+ services.

### **Upcoming Events**

August 1<sup>st</sup>- Pontoon Boat Ride 2:00  
August 2<sup>nd</sup> -movie outing "Where the Crawdad's Sing"  
August 2<sup>nd</sup>-Coffee Hour 10:00  
August 3<sup>rd</sup> -Car Show 2:00-4:00  
August 8<sup>th</sup> – Golf Cart Ride 2:00  
August 10<sup>th</sup>- Happy Hour 3:00

### **Room Code**

**AR - Activity Room (1<sup>st</sup>)**  
**(1<sup>st</sup>TVL – TV & Movie Lounge (2<sup>nd</sup>))**

**CYK – Courtyard Kitchen**  
**TH – Cedar Theater (1<sup>st</sup>)**