

Cottages Neighborhood 1 July 31st - August 6th

Sunday 31 st	Monday 1 st	Tuesday 2 nd	Wednesday 3 rd	Thursday 4 th	Friday 5 th	Saturday 6 th
<p><u>10:30</u> *Chapel DVD</p> <p><u>11:00</u> *Exercise</p> <p><u>2:00</u> *Independent Sheepshead and Coloring Club</p> <p><u>3:30</u> *Manicures</p> <p><u>6:00</u> *Brain Teasers</p> <p>*Visits with staff</p>	<p><u>11:15</u> Chapel Service</p> <p><u>2:00</u> Bird Jingo</p> <p><u>6:00</u> * Bean Bag Toss</p>	<p><u>10:00</u> Independent Sheepshead</p> <p><u>11:15</u> Movement to Music</p> <p><u>2:00</u> Music with Karen (Courtyard-weather permitting)</p> <p><u>6:00</u> *Trivia</p>	<p><u>9:45</u> Exercise</p> <p><u>10:30</u> Absentee Voting in the Community Room</p> <p><u>2:00</u> Discussion with Chaplain Jayne</p> <p><u>6:00</u> *Dominos</p>	<p><u>11:15</u> Rhythmic Drumming</p> <p><u>2:00</u> Washer Toss Game</p> <p><u>6:00</u> *Finish that Line</p>	<p><u>11:15</u> Balloon Volleyball</p> <p><u>2:00</u> Bingo</p> <p><u>6:00</u> *Resident Choice Movie</p>	<p><u>10:30</u> *Exercise</p> <p><u>1:30</u> *Manicures</p> <p><u>3:30</u> *Trivia</p> <p><u>6:00</u> *Lawrence Welk</p>