

Cedar Bay West Activity Schedule

September 18 - September 24

Sunday September 18

8:15 Hymn sing (Channel 900)
10:00 Independent Dominoes (Community Room)
7:20 Packers vs Bears – NBC

Monday, September 19

9:00 Exercise (Fellowship Room)
10:00 Yahtzee Dice (Fellowship Room)
12:30-2:30 Exercise & Weight Training (Fitness Center)
1:30 Music Jingo with Amy (Fellowship Room)
3:00 Catholic Mass (Fellowship Room)

Tuesday, September 20

9:00 Exercise (Fellowship Room)
10:00 Square Numbers – if you like Bingo you might like this game too! (Fellowship Room)
2:00 Musical Entertainment with 2 Sharps and 2 Flats (Fellowship Room)
Afternoon visits with Life Enrichment

Wednesday, September 21

9:00 Movement to Music Exercise (Fellowship Room)
10:15 Courtyard Sing-along (Courtyard – weather permitting)
1:30 Independent Sheephead (Community Room)
3:00 Ecumenical Chapel Service (Fellowship Room)

Thursday, September 22

9:00 Rhythmic Drumming Exercise (Fellowship Room)
10:00 Culinary Comments with Jerry (Fellowship Room)
9:00 to 11:00 Exercise & Weight Training (Fitness Center)
1:30 Scenic Drive and Ice Cream Stop – sign up at the front desk
Afternoon Visits with Life Enrichment

Friday, September 23

9:00 Exercise (Fellowship Room) 10:00 Jeopardy (Fellowship Room)
11:45-1:00 Tasteful Tunes (DR)
2:00 BINGO!! (Dining Room) Afternoon Visits with Life Enrichment

Saturday, September 24

9:00 Exercise with Jane (Fellowship Room)
2:00 **Love, Fall & Order**- When Claire goes home to save her family's pumpkin farm, sparks fly with an old rival- the opposing lawyer she now faces in court. (Community Room)

Activity Descriptions

Men's Group- Join Joe for discussing a wide variety of interests such as cards, the outdoors, sports, crafts (woodworking), presentations and much more.

Independent games in the Community room, Sunday at 10:00. All supplies and rules will be provided. This would be for dice games and basic card games.

Independent Sheepshead- Wednesday's from 1:30-2:45 in the Community Room weekly.

DEI= Diversity, Equity, and Inclusion

Please join the conversation with our consultant, the People Company, during which you will be invited to share your thoughts and experiences in greater detail. This is a follow up from the resident survey that was taken.

Tuesday, September 13 at 3:00 in the Fellowship room.

Upcoming Event

September 13-Pontoon boat ride 1:30

September 14 -Shopping trip to Dollar store 9:30

September 15- German fest 1:30

September 20- Musical Entertainment-3 sharps and 2 Flats 2:30

September 21- Celebration Meal

September 22- Scenic drive & stop for ice cream 1:30

September 27-Golf cart ride 1:50

September 27-Prize bingo 2:00