


Cottages Neighborhood 1 September 18th - 24th

Sunday 18 th	Monday 19 th	Tuesday 20 th	Wednesday 21 st	Thursday 22 nd	Friday 23 rd	Saturday 24 th
<p><u>10:30</u> *Hymn Sing DVD</p> <p><u>11:00</u> *Exercise</p> <p><u>2:00</u> *Independent Sheepshead and Coloring Club</p> <p><u>6:00</u> *Trivia</p> <p><u>7:20</u> *Packer Game Packer vs. Bears</p> 	<p><u>11:15</u> Chapel Service</p> <p><u>12:00</u> Resident Council Meeting</p> <p><u>2:00</u> Bingo</p> <p><u>3:00</u> Spread The Word</p> <p><u>6:00</u> * Bean Bag Toss</p>	<p><u>11:15</u> Movement to Music</p> <p><u>3:00</u> Music with Karen (Courtyard - weather permitting)</p> <p><u>6:00</u> * Finish that Line</p>	<p><u>10:00</u> *Independent Sheepshead</p> <p><u>11:15</u> Exercise</p> <p><u>2:00</u> Word Games and Brain Teasers</p> <p><u>6:00</u> *Trivia</p>	<p><u>10:30</u> Arts and Crafts</p> <p><u>11:15</u> Exercise</p> <p><u>2:00</u> Table Games and Fun</p> <p><u>3:00</u> Music with Amy</p> <p><u>6:00</u> * Word Games</p>	<p><u>9:45</u> Creative Movement with Amy</p> <p><u>2:00</u> Cookies and Conversations</p> <p><u>3:00</u> Bean Bag Toss</p> <p><u>6:00</u> *Resident Choice Movie</p>	<p><u>10:30</u> *Exercise</p> <p><u>1:30</u> *Manicures</p> <p><u>3:30</u> *Trivia</p> <p><u>6:00</u> *Lawrence Welk</p>
<p>*Indicates activity will be done by nursing staff</p>						