

Cedar Bay East Activity Schedule

October 2 - October 8

Sunday, October 2

Channel 900- Hymn sing- playing at 8:15

3:25 Packers vs Patriots CBS

Monday, October 3

9:00 Exercise (AR) 10:00 Musical Jingo with Amy (AR)

1:15 Independent Bridge (Activity room lounge)

2:00 Golf Cart Ride (see sign-up sheet by the dining room)

3:30 Alphabet Words Fun (AR)

Tuesday, October 4

9:00 Exercise (AR) 10:00 Coffee Hour-Guest Speaker-Nancy Larson from
the West Bend Library (AR)

3:00 Ecumenical Chapel Services (AR)

Wednesday, October 5

9:00 Exercise (AR)

10:00 Golf Cards (AR)

2:00 Fall color ride-sign up by buffet outside dining room

Afternoon visits with Life Enrichment

Thursday, October 6

9:00 Exercise (AR) 10:30 Catholic mass in the Celebration room-meet by
the activity room and staff will assist you (AR)

1:30 Independent Sheepshead (Library)

1:30 Bible Study with Chaplain Mary (Courtyard Kitchen)

2:30 Ice Cream social (AR)

Friday, October 7

9:00 Exercise (AR) 10:00 Yahtzee Dice (AR)

2:00 Bingo (AR) Afternoon Visits with Life Enrichment

Saturday, October 8

9:00 Movement to Music with Amy (AR)

1:30 Independent Sheepshead-(Library)

Men's Group- Join Joe for discussing a wide variety of interests such as cards, the outdoors, sports, crafts (woodworking), presentations and much more.

CBE is starting an SAE Committee – our first meeting will be on Wednesday October 12th at 1:30. Come and help us plan future events!!!

Upcoming Events

Monday October 3rd 2:00 Golf Cart Ride (see sign up sheet by the DR)
Tuesday October 4th 10:00 CBE Coffee Hour (refreshments served) Guest speaker with by Nancy Larson from the West Bend Library to update us on all the resources the library currently has available
Wednesday October 5th 2:00 Fall Color Ride (see sign-up sheet by the DR)
Tuesday October 11th 10:00 St. John's Kids Intergenerational Programming
Wednesday October 12th 1:30 CBE SAE Committee Meeting – be a part of the committee that helps plan events – all are welcome and encouraged to attend
Thursday October 13th 1:00 West Bend Library Visit

Room Code

**AR - Activity Room (1st)
(1stTVL – TV & Movie Lounge (2nd))**

**CYK – Courtyard Kitchen
TH – Cedar Theater (1st)**