

The Willows at Cedar Lake~ East~ Activity Schedule
January 22– January 28

Sunday, January 22

Channel 900- Hymn sing- playing at 8:15

Monday, January 23

9:00 Exercise (AR) 10:00 Uno Spin cards (AR)

11:30 Mexican Fiesta Lunch-

Sign up by buffet outside the dining room (Courtyard Kitchen)

1:15 Independent Bridge (Activity room lounge)

1:30 Daniel O'Donnell-Peaceful Waters (AR)

3:00 Team 1-Wii Bowling 3:30 Team 2 (AR)

Tuesday, January 24

9:00 Exercise (AR) 10:00 Construction Update (AR)

Pet Therapy visit with Charlie throughout the day

1:30 Music with Amy (AR)

3:00 Ecumenical Chapel Service (AR)

Wednesday, January 25

7:30 Men's Breakfast (Courtyard Kitchen)

9:00 Exercise (AR) 10:00 Double Plus One dice (AR)

2:30 Musical Entertainment with Fred Luft (AR)

Afternoon Visits with Life Enrichment

Thursday, January 26

9:00 Exercise (AR) 10:30 Catholic Mass in Celebration Room-Please meet by Activity Room by 10:10 and staff will assist you (AR)

1:30 Sunday's Gospel Reflection with Chaplain Mary (Courtyard Kitchen)

1:30 Independent Sheepshead (Library)

3:00 Music Fun with Amy (AR) Afternoon Visits with Life Enrichment

Friday, January 27

9:00 Exercise (AR)

10:00 Art Appreciation-Georgia O'Keeffe with Jenna (AR)

2:00 Bingo (AR)

(AR) Afternoon Visits with Life Enrichment

Saturday, January 28

10:15 Garbage cards with Joe (AR)

1:30 Independent Sheepshead-(Library)

Mexican Fiesta lunch-build your own lunch- Margaritas, chips and salsa, and more

New Prayer Circle starting

Join us on the 4th Tuesday of every month at 10:00am in the Courtyard Kitchen at Cedar Bay East. Chaplain Tim McIntosh will be leading this time to share whatever is on your heart that you wish to pray about, including intercessory prayers for others, world concerns, local concerns or praying for those who are struggling or ill. We will experiment with different forms of prayer, chants and song to lift up your concerns for others and for the world. After a time of checking in and sharing, we will join in prayer and lift up the concerns of the group each month. All are welcome and all faiths and spiritual practices will be appreciated. Come as you are, and bring an open heart!

Construction Update-January 24th at 10:00 in the Activity room-Any questions or concerns that you have will be addressed at this time.

Upcoming Events

January 23rd-Mexican Fiesta Lunch-sign up by the buffet outside the dining room (Courtyard Kitchen) 11:30

January 24th Construction Update 10:00

January 24th-New Prayer Circle 10:00 (Courtyard Kitchen)

January 25th Musical Entertainment with Fred Luft 2:30

January 25th Men's Breakfast (Courtyard Kitchen) 7:30

February 1st- Tour West Bend Art Museum 1:30

February 6th-Card Making 1:30

February 7th Coffee Hour-Guest Speaker from ADRC 10:00

Room Code

**AR - Activity Room (1st)
(1stTVL – TV & Movie Lounge (2nd))**

**CYK – Courtyard Kitchen
TH – Cedar Theater (1st)**