



Cedar Ridge

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Location 1NER1st Floor North Education Room 1SCR1st Floor South Conf. Room ARTArt Studio BBistro	CConservatory CLCedar Lodge CLRClub Room FCFitness Center GHGrand Hall PSPerformance Square	10:00Coffee Hour (GH) 12:00Party Bridge* (TOTR) 1:00XBox Bowling (FC) 1:40XBox Bowling* (FC) 1	Groundhog Day 8:30Quilting (SR) 9:30West Bend Library (CLR) 1:00Cedar Movie Channel 900 2	10:00Catholic Mass (GH) 1:00Drum Circle with Tim McIntosh (GH) 1:00Open Art Studio with Jenna (ART) 3	4
5	1:00XBox Bowling (FC) 1:40XBox Bowling* (FC) 2:00Tech @ Home Class - Smart TV & Streaming Services (GH) 6	8:00Early Morning Yoga w/ LuAnne (C) 3:00Happy Hour - Janice and Joe (TOTR) 7	10:00Coffee Hour (GH) 11:00Cedar Ridge SAE Meeting (GH) 1:00XBox Bowling (FC) 1:00Catholic Scripture Discussion Group (V) 1:40XBox Bowling* (FC) 8	1:00Cribbage (CLR) 1:00Cedar Movie Channel 900 1:30Grief Support Group (V) 3:00Cedar Readers Book Club (1SCR) 9	10	2:00Foreign Films - The Cedar House Rules (CL) 11
12	10:00Low Vision Support Group (1NER) 10:00Nutman Nut Sale (PS) 12:45Massage/ Selfcare Tips & Tricks (FC) 1:00XBox Bowling (FC) 1:40XBox Bowling* (FC) 13	Valentine's Day 8:00Bird Walk (CL) 8:00Early Morning Yoga w/ LuAnne (C) 9:30Lutheran Women's Bible Study (1NER) 3:00Happy Hour (TOTR) 14	10:00Coffee Hour (GH) 12:00Ridge Bridge* (TOTR) 1:00XBox Bowling (FC) 1:00Lutheran Communion Service (1SCR) 1:40XBox Bowling* (FC) 15	8:30Music Planning Meeting (CLR) 1:00Cedar Movie Channel 900- Popcorn 3:00Philanthropy Social (GH) 16	8:30Men's Breakfast * (TOTR) 1:30Diversity Advocates Meeting (GH) 17	3:00Book Club 3 (1SCR) 18
2:00SAE Mid Winter Social (GH) 19	Presidents Day - No Mail 1:00XBox Bowling (FC) 1:40XBox Bowling* (FC) 2:00Tech @ Home Class - Smart TV & Streaming Services (GH) 2:00Home Instead Happy Hour (B) 20	8:00Early Morning Yoga w/ LuAnne (C) 10:30Bookends Book Club (CL) 1:15NO Chapel (GH) 3:00Happy Hour (TOTR) 21	10:00Coffee Hour-Full Food Pantry Donation Day (GH) 1:00XBox Bowling (FC) 1:00Catholic Scripture Discussion Group (V) 1:15Ash Wednesday Service (GH) 1:40XBox Bowling* (FC) 22	9:00Nimble Thimbles (SR) 1:00Cedar Movie Channel 900 23	1:00Sharing Circle (V) 24	2:00Foreign Films - My Life as a Dog (CL) 25
26	9:00Resident Council Meeting (GH) 12:45Massage/ Selfcare Tips & Tricks (FC) 1:00XBox Bowling (FC) 1:40XBox Bowling* (FC) 27	8:00Bird Walk (CL) 8:00Early Morning Yoga w/ LuAnne (C) 9:30Lutheran Women's Bible Study (1NER) 3:00Happy Hour (TOTR) 28				

Weekly Events

Monday

8:15 a.m. Exercise Video (FC)
9 a.m. Woodwork Shop (WS)
9 - 9:45 a.m. Get Moving w/ Jan (CL)
9:15 a.m. Exercise Video (FC)
9:15 ~ 10 a.m. Water Aerobics (P)
10 a.m. Lap Work Crafts and Conversation (V)
10:15 ~ 11 a.m. Arthritis Exercise Class (FC)
11 a.m. Knitting\Crocheting (CLR)
11:15 a.m. Exercise Video (FC)
1 p.m. Catholic Communion (GH)
1:30 ~ 3 p.m. Beginning German (NL)
3 p.m. Balance and Control (FC)
6:30 p.m. Sheepshead (CLR)
7 p.m. Scrabble (3NGR)

Tuesday

8 a.m. Yoga (C)
9 ~ Noon Train Room is Open (TR)
9:30 a.m. Chair Yoga w/ Trina (FC)
10:45 a.m. Yoga (CL)
1:15 p.m. Chapel (GH)
2:30 ~ 3:30 p.m. Tech @ Home (GH)
3 ~ 5 p.m. Happy Hour (TOTR)
3 p.m. Rock Painting & Conversation (PS)
6:30 p.m. Sheepshead (CLR)

Wednesday

8:15 a.m. Exercise Video (FC)
9 a.m. Woodwork Shop (WS)
9 a.m. Exercise Video (FC)
9 - 9:45 a.m. Get Moving w/ Jan (CL)
10 a.m. Coffee Hour (GH)
11:15 a.m. Exercise Video (FC)
1:30 p.m. Water Aerobics (P)
2:30 p.m. Balance and Control (CL)
6:30 p.m. Sheepshead (CLR)

Thursday

9 a.m. Rosary (GH)
9:15 ~ 10 a.m. Water Aerobics (P)
10 a.m. ~ WAUI Ukulele Ensemble Rehearsal (PS)
10:15 ~ 11 a.m. Arthritis Exercise Class (FC)
1 p.m. Chimes Rehearsal (GH)
1 p.m. Cedar Movie channel 900
1:30 p.m. Chair Yoga (FC)
3 p.m. vitality in Motion (CL)
6:30 p.m. Sheepshead (CLR)

Friday

8:15 a.m. Exercise Video (FC)
9 a.m. Mens Coffee Social (CLR)
Except for the 3rd Friday
9 a.m. Beginner Ukulele (PS)
9 a.m. Exercise Video (FC)
9 - 9:45 a.m. Get Moving w/ Jan (CL)
9 a.m. Water Aerobics (P)
10 a.m. Resistance Band Exercise (FC)
11 a.m. Chorister Rehearsal (PS)
11:15 a.m. Exercise Video (FC)
1 p.m. Pinochle (NL)
6:30 p.m. Sheepshead (CLR)

Saturday

6:30 p.m. Sheepshead (CLR)
7 p.m. Bingo (B)

Sunday

2 ~ 4 p.m. Rummikub (NL)
6:30 p.m. Sheepshead (CLR)

Room Key

3rd Floor

SGS ~ Stained Glass Studio
TOTR ~ Top of the Ridge
3NGR ~ 3rd Floor North Game Room

2nd Floor

GH ~ Grand hall
ART ~ Art Studio (off Grand Hall)
TR ~ Train Room

1st Floor

P ~ Patio
GRH ~ Green House
C ~ Conservatory
B ~ Bistro
CLR ~ Club Room
LO ~ Lobby
NL ~ North Library
PDR ~ Private Dining Room
PS ~ Performance Square
V ~ Veranda
1SCR ~ 1st Floor South Conf. Room
1NER ~ 1st Floor North Education Room

Ground Floor

FC ~ Fitness Center
WO ~ Wellness office
SL- ~ South Library
P ~ Pool
SR ~ Seting Room

Other

BBC ~ Bocce Ball Court
SC ~ Shuffle Board Court
CS ~ Ceramic Studio
WS ~ Woodwork Shop
CL ~ Cedar Lodge
CTH ~ Cedar Theatre

February

1 Peggy Arkin
1 Jim Yoost
4 Nancy Denzin
4 Rosalee Wellenstein
5 Dale Beaman
5 Ronald Zarling
6 Nancy Scherer
6 Diane Timm
7 Nancy Schulz
8 Marlene Glassel
9 Joyce Schleif
9 Joyce Wenzel
14 Chris Bannenberg
14 Jim Frank
14 Marion Kluge
14 Richard Sella
15 David Bloom
16 Milt Klingsporn
16 Joyce Mutz
17 Vince Lombardo
20 Edna Steitz
21 Kay Krall
22 Sue Schumacher
24 Barbara Westra
25 Bill Wallace
27 Alice Denhardt
27 Jeanne Kenney
28 Linda Brandenburg
28 Betty Rintelman
28 Joyce Schowalter
29 Janet Sackett

Cedar Ridge Homes

11 Juanita Rosenbaum

Cedar Ridge Market Cafe Specials

Weekly Breakfast Specials:

January 30 - February 3
Eggs Benedict
with Coffee or Juice

February 6 - 13
Belgian Waffle with Strawberries and Cream
with Coffee or Juice

February 13 - 17
Two Eggs, Bacon and Toast
with Coffee or Juice

February 20 - 24
French Toast and Sausage
with Coffee or Juice

February 27 - March 3
Assorted Quiche and Fruit
with Coffee or Juice

Weekly Sandwich Specials:

January 30 - February 3
Hot Beef Sandwich with Potato Salad

February 6 - 13
Cranberry Chicken Salad on a Croissant

February 13 - 17
Italian Sub with Pasta Salad

February 20 - 24
Pulled Pork with Coleslaw

February 27 - March 3
Turkey Cranberry Brie Wrap

February Coffee Hour

2/1 Galapagos Islands - Alice Horton

2/8 Washington County ADRC - Jennifer Fechter

2/15 Concept Rehab - Abbey Mack

2/22 Cedar Lake Campus Repositioning - Sarah Malchow