

Cottages Neighborhood 1 January 22nd - 28th

Sunday 22 nd	Monday 23 rd	Tuesday 24 th	Wednesday 25 th	Thursday 26 th	Friday 27 th	Saturday 28 th																									
<p><u>10:30</u> *Hymn Sing DVD</p> <p><u>11:00</u> *Exercise</p> <p><u>1:30</u> *Manicures</p> <p><u>3:00</u> *Coloring Club or Independent Sheepshead</p> <p><u>6:00</u> *Trivia</p> <p><small>*Indicates activity will be done by nursing staff</small></p>	<p><u>9:45</u> Theraband Exercise with Coach Joe</p> <p><u>11:15</u> Chapel Service</p> <p><u>2:00</u> Pokeno</p> <p><u>6:00</u> * Word Games</p>	<p><u>9:45</u> Exercise</p> <p><u>11:15</u> Bible Study with Chaplain Esteve</p> <p><u>2:00</u> Peaceful Collage with Jenna</p> <p><u>3:15</u> Crummy Poker</p> <p><u>6:00</u> *Resident Choice Movie</p>	<p><u>11:15</u> Balloon Volleyball</p> <p><u>2:00</u> Musical Games with Amy</p> <p><u>3:00</u> *Independent Sheepshead</p> <p><u>6:00</u> *Bean Bag Toss</p>	<p><u>10:00</u> Exercise</p> <p><u>10:30</u> Trivia and Questions</p> <p><u>2:00</u> Word Games</p> <p><u>3:00</u> Table Games and Fun</p> <p><u>6:00</u> * Trivia</p>	<p><u>9:45</u> Theraband Exercise with Coach Joe</p> <p><u>10:15</u> Brain Teasers</p> <p><u>2:00</u> Bingo B I N G O <table border="1" style="font-size: small; text-align: center; border-collapse: collapse;"> <tr><td>14</td><td>24</td><td>44</td><td>53</td><td>68</td></tr> <tr><td>7</td><td>28</td><td>31</td><td>54</td><td>73</td></tr> <tr><td>2</td><td>26</td><td>★</td><td>51</td><td>67</td></tr> <tr><td>3</td><td>22</td><td>39</td><td>57</td><td>75</td></tr> <tr><td>9</td><td>20</td><td>37</td><td>50</td><td>71</td></tr> </table> </p> <p><u>3:00</u> Rhythmic Drumming with Amy</p> <p><u>6:00</u> *Resident Choice Movie</p>	14	24	44	53	68	7	28	31	54	73	2	26	★	51	67	3	22	39	57	75	9	20	37	50	71	<p><u>10:30</u> *Exercise</p> <p><u>1:30</u> *Manicures</p> <p><u>3:30</u> *Trivia</p> <p><u>6:00</u> *Lawrence Welk</p>
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