

# Cottages Neighborhood 2 January 22<sup>nd</sup> - 28<sup>th</sup>

| Sunday<br>22 <sup>nd</sup>  | Monday<br>23 <sup>rd</sup>  | Tuesday<br>24 <sup>th</sup>   | Wednesday<br>25 <sup>th</sup>  | Thursday<br>26 <sup>th</sup>  | Friday<br>27 <sup>th</sup>   | Saturday<br>28 <sup>th</sup> |    |    |    |    |   |    |    |    |    |   |    |   |    |    |   |    |    |    |    |   |    |    |    |    |   |
|---|---|---|--|---|--|------------------------------|----|----|----|----|---|----|----|----|----|---|----|---|----|----|---|----|----|----|----|---|----|----|----|----|---|
| <p><u>10:30</u><br/>*Hymn Sing<br/>DVD</p> <p><u>11:00</u><br/>*Exercise</p> <p><u>1:30</u><br/>*Manicures</p> <p><u>3:00</u><br/>Dominos</p> <p><u>6:00</u><br/>*Bean Bag<br/>Toss</p> <p><small>*Indicates activity<br/>will be done by<br/>nursing staff</small></p> | <p><u>10:30</u><br/>Chapel Service</p> <p><u>11:15</u><br/>Theraband<br/>Exercise with<br/>Coach Joe</p> <p><u>3:00</u><br/>Pokeno</p> <p><u>6:00</u><br/>* Conversation<br/>Ball</p> | <p><u>10:30</u><br/>Bible Study with<br/>Chaplain Esteve</p> <p><u>11:15</u><br/>Exercise</p> <p><u>2:00</u><br/>Yahtzee</p> <p><u>4:00</u><br/>Brain Teasers</p> <p><u>6:00</u><br/>*Resident<br/>Choice Movie</p> | <p><u>10:30</u><br/>Balloon<br/>Volleyball</p> <p><u>11:00</u><br/>Independent<br/>Cards</p> <p><u>3:00</u><br/>Musical Games<br/>with Amy</p> <p><u>6:00</u><br/>*Bean Bag<br/>Toss</p> | <p><u>10:15</u><br/>Peaceful<br/>Collage<br/>with Jenna</p> <p><u>11:15</u><br/>Exercise</p> <p><u>3:00</u><br/>Word Games</p> <p><u>4:00</u><br/>Table Games<br/>and Fun</p> <p><u>6:00</u><br/>* Word Games</p> | <p><u>11:00</u><br/>Theraband<br/>Exercise with<br/>Coach Joe</p> <p><u>11:30</u><br/>Brain Teasers</p> <p><u>3:00</u><br/>Bingo<br/><b>B I N G O</b><br/> <table border="1" style="font-size: small; text-align: center; border-collapse: collapse;"> <tr><td>14</td><td>24</td><td>44</td><td>53</td><td>68</td></tr> <tr><td>7</td><td>28</td><td>31</td><td>54</td><td>73</td></tr> <tr><td>2</td><td>26</td><td>★</td><td>51</td><td>67</td></tr> <tr><td>3</td><td>22</td><td>39</td><td>57</td><td>75</td></tr> <tr><td>9</td><td>20</td><td>37</td><td>50</td><td>71</td></tr> </table> </p> <p><u>4:00</u><br/>Rhythmic<br/>Drumming<br/>with Amy</p> <p><u>6:00</u><br/>*Resident<br/>Choice Movie</p> | 14                           | 24 | 44 | 53 | 68 | 7 | 28 | 31 | 54 | 73 | 2 | 26 | ★ | 51 | 67 | 3 | 22 | 39 | 57 | 75 | 9 | 20 | 37 | 50 | 71 | <p><u>10:30</u><br/>*Exercise</p> <p><u>1:30</u><br/>*Manicures</p> <p><u>3:30</u><br/>*Cards</p> <p><u>6:00</u><br/>*Lawrence<br/>Welk</p> |
| 14  | 24  | 44  | 53   | 68  |  |                              |    |    |    |    |   |    |    |    |    |   |    |   |    |    |   |    |    |    |    |   |    |    |    |    |   |
| 7   | 28  | 31  | 54   | 73  |  |                              |    |    |    |    |   |    |    |    |    |   |    |   |    |    |   |    |    |    |    |   |    |    |    |    |   |
| 2   | 26  | ★   | 51   | 67  |  |                              |    |    |    |    |   |    |    |    |    |   |    |   |    |    |   |    |    |    |    |   |    |    |    |    |   |
| 3   | 22  | 39  | 57   | 75  |  |                              |    |    |    |    |   |    |    |    |    |   |    |   |    |    |   |    |    |    |    |   |    |    |    |    |   |
| 9   | 20  | 37  | 50   | 71  |  |                              |    |    |    |    |   |    |    |    |    |   |    |   |    |    |   |    |    |    |    |   |    |    |    |    |   |