

# Cottages Neighborhood 3 January 29<sup>th</sup> - February 4<sup>th</sup>

| Sunday<br>29 <sup>th</sup>  | Monday<br>30 <sup>th</sup>  | Tuesday<br>31 <sup>st</sup>   | Wednesday<br>1 <sup>st</sup>  | Thursday<br>2 <sup>nd</sup>  | Friday<br>3 <sup>rd</sup>  | Saturday<br>4 <sup>th</sup> |    |    |    |    |   |    |    |    |    |   |    |   |    |    |   |    |    |    |    |   |    |    |    |    |  |
|---|---|---|---|--|--|-----------------------------|----|----|----|----|---|----|----|----|----|---|----|---|----|----|---|----|----|----|----|---|----|----|----|----|--|
| <p><u>10:30</u><br/>*Hymn Sing<br/>DVD</p> <p><u>11:00</u><br/>*Exercise</p> <p><u>1:30</u><br/>*Manicures</p> <p><u>3:00</u><br/>*Dominos</p> <p><u>6:00</u><br/>*Trivia</p> <p><small>*Indicates activity<br/>will be done by<br/>nursing staff</small></p> | <p><u>9:45</u><br/>Chapel<br/>Service</p> <p><u>10:30</u><br/>Exercise</p> <p><u>2:00</u><br/>Still Life<br/>Painting<br/>with Jenna</p> <p><u>4:00</u><br/>Jingo</p> <p><u>6:00</u><br/>*Finish the<br/>Line</p> | <p><u>9:45</u><br/>Bible Study with<br/>Chaplain Esteve</p> <p><u>10:30</u><br/>Exercise</p> <p><u>11:15</u><br/>Absentee Voting<br/>in the<br/>Community<br/>Room</p> <p><u>2:00</u><br/>Horse Races</p> <p><u>2:45</u><br/>Word Games</p> <p><u>6:00</u><br/>*Resident<br/>Choice Movie</p> | <p><u>9:45</u><br/>Balloon<br/>Volleyball</p> <p><u>10:15</u><br/>TV Classics</p> <p><u>2:00</u><br/>Yahtzee</p> <p><u>3:00</u><br/>Name That<br/>Tune<br/>with Amy</p> <p><u>6:00</u><br/>*Bean Bag Toss</p> | <p><u>9:45</u><br/>Vitality in<br/>Motion</p> <p><u>10:15</u><br/>Trivia and<br/>Questions</p> <p><u>2:00</u><br/>Table Games<br/>and Fun</p> <p><u>4:00</u><br/>Floor Dice</p> <p><u>6:00</u><br/>*Word Games</p> | <p><u>9:45</u><br/>Theraband<br/>Exercise with<br/>Coach Joe</p> <p><u>10:30</u><br/>Wheel of<br/>Fortune</p> <p><u>2:00</u><br/>Rhythmic<br/>Drumming<br/>with Amy</p> <p><u>4:00</u><br/>Bingo</p> <div style="text-align: center;"> <p><b>B I N G O</b></p> <table border="1" style="border-collapse: collapse; text-align: center;"> <tr><td>14</td><td>24</td><td>44</td><td>53</td><td>68</td></tr> <tr><td>7</td><td>28</td><td>31</td><td>54</td><td>73</td></tr> <tr><td>2</td><td>26</td><td style="color: red;">★</td><td>51</td><td>67</td></tr> <tr><td>3</td><td>22</td><td>39</td><td>57</td><td>75</td></tr> <tr><td>9</td><td>20</td><td>37</td><td>50</td><td>71</td></tr> </table> </div> <p><u>6:00</u><br/>*Resident<br/>Choice Movie</p> | 14                          | 24 | 44 | 53 | 68 | 7 | 28 | 31 | 54 | 73 | 2 | 26 | ★ | 51 | 67 | 3 | 22 | 39 | 57 | 75 | 9 | 20 | 37 | 50 | 71 | <p><u>10:30</u><br/>*Exercise</p> <p><u>1:30</u><br/>*Manicures</p> <p><u>3:30</u><br/>*You Be the<br/>Judge</p> <p><u>6:00</u><br/>*Lawrence<br/>Welk</p> |
| 14  | 24  | 44  | 53  | 68   |  |                             |    |    |    |    |   |    |    |    |    |   |    |   |    |    |   |    |    |    |    |   |    |    |    |    |  |
| 7   | 28  | 31  | 54  | 73   |  |                             |    |    |    |    |   |    |    |    |    |   |    |   |    |    |   |    |    |    |    |   |    |    |    |    |  |
| 2   | 26  | ★   | 51  | 67   |  |                             |    |    |    |    |   |    |    |    |    |   |    |   |    |    |   |    |    |    |    |   |    |    |    |    |  |
| 3   | 22  | 39  | 57  | 75   |  |                             |    |    |    |    |   |    |    |    |    |   |    |   |    |    |   |    |    |    |    |   |    |    |    |    |  |
| 9   | 20  | 37  | 50  | 71   |  |                             |    |    |    |    |   |    |    |    |    |   |    |   |    |    |   |    |    |    |    |   |    |    |    |    |  |