

The Willows at Cedar Lake~ East~ Activity Schedule
January 29– February 4

Sunday, January 29

Channel 900- Hymn sing- playing at 8:15

Monday, January 30

9:00 Exercise (AR) 10:00 Toss Up Dice (AR)
1:15 Independent Bridge (Activity room lounge)
1:30 Pokeno (AR)
3:00 Team 1-Wii Bowling 3:30 Team 2 (AR)

Tuesday, January 31

9:00 Exercise (AR) 9:45-10:15 Absentee Voting
10:30 Trivia with Balloon Fun (AR)
1:30 60's and 70's Protest Music with Amy (AR)
3:00 Ecumenical Chapel Service (AR)

Wednesday, February 1

9:00 Exercise AR) 10:00 Kings in the Corner (AR)
1:30 Tour of West Bend Art Museum-Meet by the Willows lobby
Sign up by buffet outside the dining room
Afternoon Visits with Life Enrichment

Thursday, February 2

9:00 Exercise (AR) 10:30 Catholic Mass in Celebration Room-Please meet by Activity
Room by 10:10 and staff will assist you (AR)
1:30 Sunday's Gospel Reflection with Chaplain Mary (Courtyard Kitchen)
2:30 Independent Sheepshead (Library) New Time
3:00 Musical Games with Amy (AR) Afternoon Visits with Life Enrichment

Friday, February 3

9:00 Exercise (AR)
10:00 Peaceful Collage with Jenna (AR)
2:00 Bingo (AR)
(AR) Afternoon Visits with Life Enrichment

Saturday, February 4

1:30 Independent Sheepshead-(Library)

Absentee Voting will be on Tuesday, January 31st -9:45-10:15
Voting will be for Justice of The Supreme Court-sample ballots are posted Around
the Bays 1st floor and on the buffet outside the dining room second floor.

New Prayer Circle starting

Join us on the 4th Tuesday of every month at 10:00am in the Courtyard Kitchen at Cedar Bay East. Chaplain Tim McIntosh will be leading this time to share whatever is on your heart that you wish to pray about, including intercessory prayers for others, world concerns, local concerns or praying for those who are struggling or ill. We will experiment with different forms of prayer, chants and song to lift up your concerns for others and for the world. After a time of checking in and sharing, we will join in prayer and lift up the concerns of the group each month. All are welcome and all faiths and spiritual practices will be appreciated. Come as you are, and bring an open heart!

Upcoming Events

January 31st Absentee Voting 9:45-10:15
February 1st- Tour- West Bend Art Museum 1:30
Sign up by buffet outside the dining room
February 6th-Card Making 1:30
February 7th Coffee Hour-Guest Speaker from ADRC 10:00
February 8th Blackjack 2:00
February 13th Lunch Outing-Top of the Ridge 11:30
February 14th St. John's ids visits 10:00
February 15th Musical Entertainment Kenny Brandt 2:30

Room Code

**AR - Activity Room (1st)
(1^sTVL – TV & Movie Lounge (2nd))**

**CYK – Courtyard Kitchen
TH – Cedar Theater (1st)**