

Weekly Events

Monday

8:15 a.m. Exercise Video (FC)
9 a.m. Woodwork Shop (WS)
9 a.m. Stained Glass Class (SGSPS)
9 - 9:45 a.m. Get Moving w/ Jan (CL)
9:15 a.m. Exercise Video (FC)
9:15 ~ 10 a.m. Water Aerobics (P)
10 a.m. Lap Work Crafts and Conversation (V)
10:15 ~ 11 a.m. Arthritis Exercise Class (FC)
11 a.m. Knitting\Crocheting (CLR)
11:15 a.m. Exercise Video (FC)
1 p.m. Catholic Communion (GH)
1:30 ~ 3 p.m. Beginning German (NL)
3 p.m. Balance and Control (FC)
6:30 p.m. Sheepshead (CLR)
7 p.m. Scrabble (3NGR)

Tuesday

8 a.m. Yoga (C)
9 ~ Noon Train Room is Open (TR)
9:30 a.m. Chair Yoga w/ Trina (FC)
10:45 a.m. Yoga (CL)
1:15 p.m. Chapel (GH)
2:30 ~ 3:30 p.m. Tech @ Home (GH)
3 ~ 5 p.m. Happy Hour (TOTR)
3 p.m. Rock Painting & Conversation (PS)
6:30 p.m. Sheepshead (CLR)

Wednesday

8:15 a.m. Exercise Video (FC)
9 a.m. Woodwork Shop (WS)
9 a.m. Exercise Video (FC)
9 - 9:45 a.m. Get Moving w/ Jan (CL) (No class 3/12-4/6)
10 a.m. Coffee Hour (GH)
11:15 a.m. Exercise Video (FC)
1:30 p.m. Water Aerobics (P)
3 p.m. Balance and Control (FC)
6:30 p.m. Sheepshead (CLR)

Thursday

9 a.m. Rosary (GH)
9 a.m. Stained Glass Class (SGSPS)
9:15 ~ 10 a.m. Water Aerobics (P)
10 a.m. ~ WAUI Ukulele Ensemble Rehearsal (PS)
10:15 ~ 11 a.m. Arthritis Exercise Class (FC)
1 p.m. Chimes Rehearsal (GH)
1 p.m. Cedar Movie channel 900
1:30 p.m. Chair Yoga (FC)
3 p.m. vitality in Motion (CL)
6:30 p.. Sheepshead (CLR)

Friday

8:15 a.m. Exercise Video (FC)
9 a.m. Mens Coffee Social (CLR)
Except for the 3rd Friday
9 a.m. Beginner Ukulele (PS)
9 a.m. Exercise Video (FC)
9 - 9:45 a.m. Get Moving w/ Jan (CL) (No class 3/12-4/6)
9 a.m. Water Aerobics (P)
10 a.m. Resistance Band Exercise (FC)
11 a.m. Chorister Rehearsal (PS)
11:15 a.m. Exercise Video (FC)
1 p.m. Pinochle (NL)
6:30 p.m. Sheepshead (CLR)

Saturday

6:30 p.m. Sheepshead (CLR)
7 p.m. Bingo (B)

Sunday

2 ~ 4 p.m. Rummikub (NL)
6:30 p.m. Sheepshead (CLR)

Room Key

3rd Floor

SGS ~ Stained Glass Studio
TOTR ~ Top of the Ridge
3NGR ~ 3rd Floor North Game Room

2nd Floor

GH ~ Grand hall
ART ~ Art Studio (off Grand Hall)
TR ~ Train Room

1st Floor

P ~ Patio
GRH ~ Green House
C ~ Conservatory
B ~ Bistro
CLR ~ Club Room
LO ~ Lobby
NL ~ North Library
PDR ~ Private Dining Room
PS ~ Performance Square
V ~ Veranda
1SCR ~ 1st Floor South Conf. Room
1NER ~ 1st Floor North Education Room

Ground Floor

FC ~ Fitness Center
WO ~ Wellness office
SL~ ~ South Library
P ~ Pool
SR ~ Seting Room

Other

BBC ~ Bocce Ball Court
SC ~ Shuffle Board Court
CS ~ Ceramic Studio
WS ~ Woodwork Shop
CL ~ Cedar Lodge
CTH ~ Cedar Theatre
SGSPS ~ Stained Glass Studio Pole Shed

March

1 Cheryl Page
2 Julie Gundrum
4 Ann Heath
7 John Kovatch
8 Mary Ann Kusler
8 Connie Miller
8 Gene Taurman
9 Ann Zube
10 Howie Glassel
11 Roger Koester
11 Carol Merrifield
11 Cathy Yekenevicz
15 Leon Brasch
17 Verla Bilgo
17 Theresa Merten
19 Joe Baldus
20 Winnie Caviggiola
23 Helen Schmitz
24 Kathy Piepenburg
26 Shirley Wickland
28 Jerry Barczak
28 Lynn Ferge
28 Pat Shaw
30 Nancy Loos

Cedar Ridge Homes

12 Ron Mueller
13 Katie Carpenter
17 Mark Menzel

March Coffee Hour

3/1 Women's Suffrage Movement - Justin Agar-Pratt

3/8 WAUI Ukulele Group

3/15 Dan Farvour - Parks & Forestry Superintendent
& Courtney Cox -Polusen, Conservations Supervisor

3/22 Bonnie Amerling - Volunteer Opportunities &
Julie Jennings and Nicole Pretre - Inclusion and
Belonging Update

3/29 Barbie Baumgartner & Melissa Novales - West
Bend Volunteer Center

Cedar Ridge Market Cafe Specials

Weekly Breakfast Specials:

March 6 - 10
Blueberry Pancakes and Sausage Links
with Coffee or Juice

March 13 - 17
Country Egg Bake and Fruit
with Coffee or Juice

March 20 - 24
Eggs Benedict
with Coffee or Juice

March 27 - 31
Two Eggs, Bacon and Toast
with Coffee or Juice

Weekly Sandwich Specials:

March 6 - 10
Hot Ham and Cheese

March 13 - 17
Turkey, Cranberry & Brie Wrap

March 20 - 24
Crab Salad on a Croissant

March 27 - 31
Hot Beef Sandwich



Cedar Ridge

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Location 1NER1st Floor North Education Room 1SCR1st Floor South Conf. Room CLCedar Lodge CLRClub Room	CRSCR Art Studio CTHCedar Theatre FCFitness Center GHGrand Hall LOLobby OCCoff Campus	10:00Coffee Hour (GH) 12:00Community Lenten Service (GH) 12:00Party Bridge* (TOTR) 1:00XBox Bowling (FC) 1:40XBox Bowling* (FC)	8:30Quilting (SR) 9:30West Bend Library (CLR) 1:00Cedar Movie Channel 900	8:30MSO Bus Pick Up (LO) 10:00Catholic Mass (GH) 1:00Open Art Studio with Jenna (CRS)	
5	8:00Cedar Community Walking Group 1:00XBox Bowling (FC) 1:40XBox Bowling* (FC) 2:00Tech @ Home Class-Basic Vocab regarding technology (GH)	3:00Happy Hour (TOTR)	10:00Coffee Hour (GH) 11:00Cedar Ridge SAE Meeting (GH) 1:00XBox Bowling (FC) 1:00Catholic Scripture Discussion Group (V) 1:40XBox Bowling* (FC)	1:00Cribbage (CLR) 1:00Cedar Movie Channel 900 1:30Grief Support Group (V) 3:00Cedar Readers Book Club (1SCR)	12:30Living Word Play - Newsies* (OC) 2:00Foreign Films (CL)	
Daylight Savings - turn clocks forward	10:00Low Vision Support Group (1NER) 1:00XBox Bowling (FC) 1:40XBox Bowling* (FC)	8:00Bird Walk (CL) 9:30Lutheran Women's Bible Study (1NER) 3:00Happy Hour (TOTR)	10:00Coffee Hour (GH) 12:00Ridge Bridge* (TOTR) 1:00XBox Bowling (FC) 1:00Lutheran Communion Service (1SCR) 1:40XBox Bowling* (FC)	8:30Music Planning Meeting (CLR) 1:00Cedar Movie Channel 900-	No Choristers Rehersal St Patrick's Day 8:30Men's Breakfast * (TOTR) 1:30Diversity Advocates Meeting (GH)	3:00Book Club 3 (1SCR)
19	First Day of Spring 1:00XBox Bowling (FC) 1:40XBox Bowling* (FC) 2:00Tech @ Home Class- Vocab for technology (1NER) 3:00Laura Blumer Piano Recital (GH)	10:30Bookends Book Club (CL) 2:30Tech At Home (1NER) 3:00Happy Hour (TOTR)	10:00Coffee Hour (GH) 1:00XBox Bowling (FC) 1:00Catholic Scripture Discussion Group (V) 1:40XBox Bowling* (FC)	9:00Nimble Thimbles (SR) 1:00Cedar Movie Channel 900	No Chorister Rehersal 1:30Sharing Circle (V)	2:00Foreign Films (CL)
26	9:00Resident Council Meeting (GH) 1:00XBox Bowling (FC) 1:30Chorister Rehearsal (CTH) 1:40XBox Bowling* (FC)	8:00Bird Walk (CL) 9:30Lutheran Women's Bible Study (1NER) 3:00Happy Hour (TOTR)	10:00Coffee Hour-Full Food Pantry Donation Day (GH) 1:00XBox Bowling (FC) 1:40XBox Bowling* (FC)	1:00Cedar Movie Channel 900		