



Cedar Ridge

May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1:00 Cedar Community Walking Group- Paved 3:00 Chimes Rehearsal (GH) 1	2:30 Tech @ Home Class- Artificial Intelligence Tech (1NER) 3:00 Happy Hour (TOTR) 2	10:00 Coffee Hour (GH) 12:00 Party Bridge* (TOTR) 3	9:30 West Bend Library (CLR) 10:00 Open Forum Listening Session w/ Police Chief (GH) 1:00 Cedar Movie Channel 900 4	8:30 MSO Bus Pick Up (LO) 1:00 Open Art Studio with Jenna (CRS) 5	6
7	1:00 Cedar Community Walking Group- Unpaved 3:00 Chimes Rehearsal (GH) 8	8:00 Bird Walk (CL) 9:30 Lutheran Women's Bible Study (1NER) 2:30 Tech @ Home Drop In (1NER) 3:00 Happy Hour (TOTR) 9	10:00 Coffee Hour (GH) 11:00 Cedar Ridge SAE Meeting (GH) 1:00 Catholic Scripture Discussion Group (V) 10	8:30 Music Planning Meeting (CLR) 1:00 Cribbage (CLR) 1:00 Cedar Movie Channel 900 1:30 Grief Support Group (V) 3:00 Cedar Readers Book Club (1SCR) 11	12	9:15 Gospel Music Workshop (GH) 12:30 Gospel Music Concert (GH) 13
Mother's Day 14	1:00 Cedar Community Walking Group- Paved 3:00 Chimes Rehearsal (GH) 3:00 Low Vision Support Group (1NER) 15	10:00 Bookends Book Club (CL) 2:30 Tech @ Home Class- Artificial Intelligence Tech (1NER) 3:00 Happy Hour (TOTR) 16	10:00 Coffee Hour (GH) 12:00 Ridge Bridge* (TOTR) 1:00 Lutheran Communion Service (1SCR) 17	1:00 Cedar Movie Channel 900-Popcorn 18	8:30 Men's Breakfast * (TOTR) 10:00 WAUI Ukulele Ensemble (CTH) 1:30 Diversity Advocates Meeting (GH) 19	3:00 Book Club 3 (1SCR) 20
21	9:00 Resident Council Executive Board Mtg. (GH) 1:00 Cedar Community Walking Group- Unpaved 3:00 Chimes Rehearsal (GH) 22	8:00 No Early Morning Yoga w/ LuAnne (C) 8:00 Bird Walk (CL) 9:30 Lutheran Women's Bible Study (1NER) 10:45 Yoga w/ Trina (FC) 2:30 Tech @ Home Drop In (1NER) 3:00 Happy Hour (TOTR) 23	10:00 Coffee Hour (GH) 1:00 Catholic Scripture Discussion Group (V) 24	8:00 Early Morning Yoga w/ LuAnne (C) 9:00 Nimble Thimbles (SR) 1:00 Cedar Movie Channel 900 25	1:30 Sharing Circle (V) 26	2:00 SAE - Arlington Cemetery You Tube (GH) 27
2:00 SAE Ice Cream Social* (GH) 28	Memorial Day - No Mail 29	8:00 No Early Morning Yoga w/ LuAnne (C) 3:00 Happy Hour (TOTR) 30	10:00 Coffee Hour- MSO & Personalized Coaches (GH) 10:00 Coffee Hour-Full Food Pantry Donation Day (GH) 31	<div>Location</div> <div>1NER1st Floor North Education Room</div> <div>1SCR1st Floor South Conf. Room</div> <div>CConservatory</div> <div>CLCedar Lodge</div> <div>CLRClub Room</div> <div>CRSCR Art Studio</div> <div>CTHCedar Theatre</div> <div>FCFitness Center</div> <div>GHGrand Hall</div> <div>LOLobby</div>		

Weekly Events

Monday

8:15 a.m. Exercise Video (FC)
9 a.m. Woodwork Shop (WS)
9 a.m. Stained Glass Class (SGSPS)
9 - 9:45 a.m. Get Moving w/ Jan (CL)
9:15 a.m. Exercise Video (FC)
9:15 ~ 10 a.m. Water Aerobics (P)
10 a.m. Lap Work Crafts and Conversation (V)
10:15 ~ 11 a.m. Arthritis Exercise Class (FC)
11 a.m. Chimes Rehearsal (GH)
11 a.m. Knitting\Crocheting (CLR)
11:15 a.m. Exercise Video (FC)
1 p.m. Catholic Communion (GH)
1:30 ~ 3 p.m. Beginning German (NL)
3 p.m. Balance and Control (FC)
6:30 p.m. Sheepshead (CLR)
7 p.m. Scrabble (3NGR)

Tuesday

8 a.m. Yoga (C)
9 ~ Noon Train Room is Open (TR)
9:30 a.m. Chair Yoga w/ Trina (FC)
10:45 a.m. Yoga (CL)
1:15 p.m. Chapel (GH)
2:30 ~ 3:30 p.m. Tech @ Home Drop In (1NER)(2nd & 4th)
3 ~ 5 p.m. Happy Hour (TOTR)
3 p.m. Craft & Conversation (PS)
6:30 p.m. Sheepshead (CLR)

Wednesday

8:15 a.m. Exercise Video (FC)
9 a.m. Woodwork Shop (WS)
9 a.m. Exercise Video (FC)
9 - 9:45 a.m. Get Moving w/ Jan (CL)
10 a.m. Coffee Hour (GH)
11:15 a.m. Exercise Video (FC)
1:30 p.m. Water Aerobics (P)
2 ~ 4 p.m. Billiards League (BR)
3 p.m. Balance and Control (FC)
6:30 p.m. Sheepshead (CLR)

Thursday

9 a.m. Rosary (GH)
9 a.m. Stained Glass Class (SGSPS)
9:15 ~ 10 a.m. Water Aerobics (P)
10 a.m. ~ WAUI Ukulele Ensemble Rehearsal (PS)
10:15 ~ 11 a.m. Arthritis Exercise Class (FC)
1 p.m. Cedar Movie channel 900
1:30 p.m. Chair Yoga (FC)
3 p.m. Zumba Gold (FC)
6:30 p.. Sheepshead (CLR)

Friday

8:15 a.m. Exercise Video (FC)
9 a.m. Mens Coffee Social (CLR)
Except for the 3rd Friday
9 a.m. Beginner Ukulele (PS)
9 a.m. Exercise Video (FC)
9 - 9:45 a.m. Get Moving w/ Jan (CL)
9 a.m. Water Aerobics (P)
10 a.m. Resistance Band Exercise (FC)
11:15 a.m. Exercise Video (FC)
1 p.m. Pinochle (NL)
6:30 p.m. Sheepshead (CLR)

Saturday

6:30 p.m. Sheepshead (CLR)
7 p.m. Bingo (B)

Sunday

2 ~ 4 p.m. Rummikub (NL)
6:30 p.m. Sheepshead (CLR)

Room Key

3rd Floor

SGS ~ Stained Glass Studio
TOTR ~ Top of the Ridge
3NGR ~ 3rd Floor North Game Room

2nd Floor

GH ~ Grand hall
ART ~ Art Studio (off Grand Hall)
TR ~ Train Room

1st Floor

P ~ Patio
GRH ~ Green House
C ~ Conservatory
B ~ Bistro
BR ~ Billiards Room
CLR ~ Club Room
LO ~ Lobby
NL ~ North Library
PDR ~ Private Dining Room
PS ~ Performance Square
V ~ Veranda
1SCR ~ 1st Floor South Conf. Room
1NER ~ 1st Floor North Education Room

Ground Floor

FC ~ Fitness Center
WO ~ Wellness office
SL- ~ South Library
P ~ Pool
SR ~ Seting Room

Other

BBC ~ Bocce Ball Court
SC ~ Shuffle Board Court
CS ~ Ceramic Studio
WS ~ Woodwork Shop
CL ~ Cedar Lodge
CTH ~ Cedar Theatre
SGSPS ~ Stained Glass Studio Pole Shed

May

2 Beverly Saxine
3 Mary Schultz
4 Carol Lupton
4 Michael Morning
4 Don Stettler
6 Marie Axt
6 Grace Chaney
6 Wayne Jessup
7 Betsy Taurman
8 Robert Ast
8 Vonnie Kelling
10 Kathy Bradach
14 Carol Werblow
15 Betty Dobberfuhl
15 Lucille Swanson
16 Robert Hays
18 Marjorie Gonring
18 Gerry Koyatch
18 Joan Steffes
20 Joan McKinney
21 Helen Erickson
23 Conrad Menzel
24 Joan Brasch
26 Connie Molineu
27 Anne Rummmler
29 Natalie Chatham
30 Jim Breitbach

Cedar Ridge Homes

6 Dick Melzer
16 Mary Richtmyre

May Coffee Hour

5/3 The Artist Behind the Doughboy Satue - Justin
Agar - Pratt

5/10 Roaming Wisconsin - Alice Horton

5/17 Philanthropy Fund Update - Jenny Zaskowski

5/24 Phone Calls and E-Mail Scams - Kristin Coenen,
Community Development Manager of Kohler Credit
Union

5/31 Tickets for next Season Prelude Series - MSOE,
Luther Gray & Personalized Coaches, Tracy Schueller

Cedar Ridge Market Cafe Specials

Weekly Breakfast Specials:

May 1 - 5
Belgian Waffle with Strawberries and Cream
with Coffee or Juice

May 8 - 12
Assorted Quiche and Fruit
with Coffee or Juice

May 15 - 19
Blueberry Pancakes and Sausage
with Coffee or Juice

May 22 - 26
Two Eggs, Bacon and Toast
with Coffee or Juice

May 29 - June 2
Caramel Apple French Toast with
Coffee or Juice

Weekly Sandwich Specials:

May 1 - 5
Crab Salad on a Croissant

May 8 - 12
Crunchy Chicken Wrap

May 15 - 19
Pulled Pork Sandwich

May 22 - 26
Rueben Sandwich

May 29 - June 2
Johnsonville Brat on a Bun