

EMERGENCY PREPAREDNESS

CEDAR LAKE HEALTH AND REHABILITATION CENTER

PURPOSE

No one wants to think and worry about disasters. Knowing what to expect ahead of time can help ease any concerns. This fact sheet tells you how our facility has prepared for emergencies.

SCOPE

We have a written emergency plan that is reviewed and tested every year. Our plan addresses the following types of emergencies:

- Weather emergencies such as tornadoes, heat, and winter weather.
- Security incidents such as bomb threats, terrorism, and active shooters.
- Natural disasters such as floods.
- Emerging infectious diseases such as influenza, SARS, COVID-19, and others.

All team members and volunteers are trained on emergency procedures. They participate in drills and exercises to test their knowledge. Residents are asked to take part in all drills so they can know what to expect in an actual emergency.

COMMUNICATION

Our emergency plan includes procedures for communication. Notification of families in the event of an evacuation is part of that plan. We ask that you provide us with current phone numbers and/or email addresses. You can expect an automated recorded message. If you provide an email address, you may receive an email in addition to the phone call. In the event of an emergency, call lines may be busy. If all lines are in use at the time of your call, you can expect a recorded message telling you what procedures are in place.

EVACUATION VERSUS SHELTER-IN-PLACE

This facility uses a standard approach to managing emergencies. The administrator or designee serves as the incident commander. Department heads or designees serve specific roles during an emergency. They communicate with team members and local emergency management officials in order to make decisions. One major decision is whether to evacuate or shelter-in-place. The administrator makes the final decision.

In case of evacuation, we have procedures in place to ensure the safety of our residents. We have made arrangements in advance with other facilities and transportation services to ensure our residents have a safe place to go. Our nurses send important medical information with each resident. They keep a log of where each resident is sent. In case of immediate evacuation, such as with a fire, our safe zone is outside or another part of the building if applicable.

For safety reasons, the administrator or designee may decide to shelter-in-place. This may occur when there is not enough time to evacuate safely. Sometimes it may be safer inside the building. We have procedures in place to ensure adequate food, supplies, power, and medications for our residents and team members for at least three days. We have made arrangements in advance to receive additional supplies or assistance, if needed.

LOCK-DOWN PROCEDURES

Some situations will warrant the facility to be placed on "lock down." During these situations, no one will be allowed to enter or leave the facility. Lock-downs may occur for many reasons, including (but not limited to) a hazardous chemical inside or outside the building, a weather-related event, or police action outside the building. In the event of a lockdown, please remain calm and follow any instructions from management team members or emergency personnel.

EMERGENCY NUMBERS

During these times, phone and internet service may also experience intermittent interruptions.

If you need to reach your loved one or the nursing team in the event of an emergency, you may use the emergency phone number(s) found below:

CEDAR LAKE HEALTH AND REHAB CENTER

Crossings B: 262.353.3160 (nurses' station)

Lakeside: 262.353.3659 (nurses' station)

CEDAR RIDGE

262.343.1001 (on-call team member cell)

262.353.3544 (main reception)

THE COTTAGES

262.353.3580 (emergency cell)

CEDAR BAY WEST

262.343.3394 (med room 1st floor)

THE WILLOWS AT CEDAR LAKE

262.353.3626 (emergency cell)

