

ABOUT US



The mission of the Washington County Caregiver Coalition is to support and strengthen caregivers through advocacy, education and community resources.

2026 MEMBERS

ADRC of Washington County * ATI Physical Therapy

Avina of Milwaukee * Aurora Health Care

By Your Side Care Management

By Your Side Service

Care Patrol of Sheboygan, Ozaukee and Washington Counties

Cedar Community * Froedtert Health

Ideal Senior Living Solutions

Interfaith Caregivers of Washington County

Serenity Villa/Serenity at Home

Sharon S. Richardson Community Hospice

The Threshold Inc. * Thrivent Financial

TMG Wisconsin



CONFIDENT CAREGIVER CONFERENCE



Wednesday, May 27, 2026
9:00 am-2:00 pm
Moraine Park Technical College
2151 North Main Street
West Bend
(use T-3 entrance)

Caregiving is not easy!

Most caregivers never planned to be caregivers, whether for a spouse, a parent, a sibling or a friend. As a result, most caregivers are not trained for many of the tasks that are necessary to provide care safely and confidently.

The Washington County Caregiver Coalition has brought together professionals to share information with you about healthy eating, palliative and hospice care, decision-making and future planning, fall prevention, and joy.

SCHEDULE OF EVENTS

Registration	8:45 am-9:00 am
Vendor fair	9:00 am-9:30 am
Session 1	9:30 am-10:30 am
Vendor fair	10:30 am-11:00 am
Session 2	11:00 am-12:00 pm
Lunch	12:00 pm-12:45 pm
Keynote Presentation	12:45 pm-2:00 pm
Wrap up and door prizes	2:00 pm

Vendor Fair

Learn about the different services available in Washington County by visiting with members of the Washington County Caregiver Coalition.

Session Descriptions

Session 1 9:30 am-10:30 am

A. Palliative and Hospice Care

Deanne Herber, Sharon S. Richardson
Community Hospice

Serious illness can bring uncertainty, but patients and their loved one don't have to navigate it alone. Hospice and palliative care provide an added layer of support focused on comfort, clarity, and quality of life. This presentation will provide a better understanding of both approaches and how they center on what matters most to each individual and their loved ones.

B. Tips for Healthier Eating While Caregiving

Amanda Giebink, RD, CD, ADRC of Washington County
Join Amanda for a presentation on healthy eating tips that are ideal for busy caregivers. A food demo will follow with a taste test!

Session 2 11:00 am - 12:00 pm

C. Transitions and Decision Making

Howard Mulloy, By Your Side Services

Any transition in life can be a difficult time for the person going through it and those who love and support them. It is important to have plans in place to assure that the person's values and goals are understood and respected.

D. Only Snowflakes Should Fall

Elizabeth Kremer, DPT, ATI Physical Therapy

Are you or someone you know afraid of falling? Have you or someone you know fallen already? Or maybe you've realized your balance is not as good as it once was. Learn strategies to know when to act and how to improve your balance and reduce risk of falls for you and your loved ones.

Keynote Presentation 12:45 pm- 2:00 pm

Finding Your Joy

Karen Stobbe

Chief Purpose Officer of In the Moment

Caring for someone living with dementia is one of the most demanding and selfless things a person can do. It asks nearly everything of you – your time, your energy, your heart. And somewhere along the way, it's easy to lose sight of yourself.

Together, we'll explore what joy looks like in the context of a caregiving life – not as something distant or out of reach, but as something that can coexist with the hard days, the grief, the exhaustion, and the love.

You'll leave with a renewed sense of permission to care for yourself, and simple, realist tools to bring more moments of joy into your caregiving journey.

THANK YOU TO OUR GENEROUS SPONSORS!

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Peter Kapler
MBA, FIC, CLTC®

Registration

Complete the form below and return to:

WCCC

c/o ADRC of Washington County

333 E Washington St, Ste 1000

West Bend WI 53095

along with \$5.00 by May 20. Please make checks payable to Washington County Treasurer.

NAME

ADDRESS

CITY/STATE/ZIP

PHONE

EMAIL ADDRESS

Choose one workshop for each session:

Session 1 A. Palliative and Hospice Care

B. Tips for Healthier Eating

Session 2 C. Transitions and Decision-Making

D. Only Snowflakes Should Fall

Cousins sandwich choice for lunch:

Ham and provolone

Turkey

Veggie

I have special dietary needs*

(you will be contacted re: your order)